

# **Mitchell Tiger Cub Preschool**

## **Parent Handbook**



**2015-16 School Year**

# **Mitchell Tiger Cub Preschool**

## **A Collaboration between Mitchell Public Schools & Educational Services Unit #13 Head Start**

Mitchell Tiger Cub Preschool is a partnership between Mitchell Public Schools and ESU #13 Head Start. Our aim is to provide a quality preschool experience for children in the community of Mitchell.

Mitchell Tiger Cub Preschool is governed by the Mitchell Board of Education. The Mitchell Tiger Cub Preschool follows all federal, state, and local regulations and the Head Start Performance Standards.

### **Administration**

#### **Mitchell Public Schools**

Superintendent	Katherine Urbanek	623-1707
Elementary Principal	Kirk Kuxhausen	623-2828
Preschool & Special Ed Director	Peggy Romshek	623-2828
Preschool Teacher	Julia Jacobs	623-2828

### **Mitchell Tiger Cub Preschool**

1439 13<sup>th</sup> Ave.

Mitchell, Ne 69357

623-2828

#### **Monday-Thursday**

Morning Session: 7:45 a.m. – 11:15 a.m.

Afternoon Session: 12:00 p.m. – 3:30 p.m.

#### **Statement of Non-Discrimination**

The Mitchell Tiger Cub Preschool does not discriminate on the basis of race, color, national origin, gender, or handicap in admission or access to, or treatment, or employment of its programs or activities. The Mitchell Tiger Cub Preschool complies with Section 504 of the Rehabilitation Act of 1973 and the Family Educational Rights and Privacy Act. If you have questions or concerns about these acts, or feel that you or your child has been discriminated against, please contact an administrator listed above.

## **Letter from the Teacher**

Hello,

I would like to welcome you to the Mitchell Tiger Cub Preschool. I am excited to begin my adventure at Mitchell Public Schools with you and your children. Prior to working at Mitchell Public Schools, I was a co-teacher at another preschool for three years. I am excited to get to know you and your children this year.

I believe children learn best through active investigation and strive to keep our classroom as fun and active as possible. If you have any special interests that you would like to share with the class, I would be happy to visit with you about it! In the past, I have had parents, grandparents, or community members bring in a guitar or accordion to show our class and play a couple songs. I have also had people talk about honey bees and how they collect honey. Children learn a lot when they can experience new things first hand.

If you have any questions or concerns please feel free to visit with me about them. As parents you know your children best, and I value your opinion. I look forward to an exciting year with your children.

Sincerely,

Mrs. Julia Jacobs

## **Enrollment**

A computerized selection criterion is used to make enrollment decisions for the Mitchell Tiger Cub Preschool. Factors included in the criteria may include the date of enrollment, the child's age, the family income, and whether the child has a disability.

## **Fees**

The fees to attend Mitchell Tiger Cub Preschool will be determined by the free and reduced lunch schedule.

<b>When Children Qualify for</b>	<b>The Family Pays</b>
Head Start	\$0.00*
Reduced/Free lunches	\$30.00/month*
Full Priced lunches	\$80.00/month*

\*Meals and snacks are included in the monthly fees.

A payment agreement must be signed and followed for all paying students.

## **Pick-Up/Drop-off Points**

Please pick up and drop off preschool students at the southeast entrance of the building along the south side of the playground (14<sup>th</sup> Street). Parents will need to sign in and out preschool students each day. These guidelines are established for student safety. Please use crosswalks when dropping off and picking up your child.

## **School Hours**

The first preschool session begins at 7:45 A.M. Monday – Thursday and ends at 11:15 A.M. The second preschool session will begin at 12:00 P.M. and end at 3:30 P.M. We ask that students not come to school before 7:40 A.M. unless they are engaged in a special, supervised activity. We ask

that your child is picked up by 3:35 P.M. **PLAYGROUNDS ARE NOT SUPERVISED BEFORE 8:00 A.M. AND AFTER SCHOOL.**

### **Meals and Snacks**

Students in the morning preschool session will be offered breakfast and a morning snack. Students in the afternoon session of the preschool will be offered lunch and an afternoon snack.

### **Checking Your Child's Backpack**

Please check your child's backpack every night. They are excited about their work at this age and will be excited to share it with you. This is the best way for me to communicate with you. Also, please make sure that they have a backpack daily to carry their work home.

### **Parent Engagement**

The Mitchell Tiger Cub Preschool is founded on the belief that a child's parents will make a lifelong impact on a child's desire to learn, view of the world, and self-esteem. Tiger Cub Preschool provides parents with a variety of opportunities for positive involvement in their child's education, including opportunities for decision-making within the program. Each parent chooses to participate in activities that fit individual needs, schedules and interests. The classroom setting is age appropriate for all enrolled children, and focuses on the individual needs of each child. Our priority is to partner with parents in order to provide the highest quality of services to children.

### **Parent Visitations**

Parents are encouraged to visit children's classrooms at any time. **PARENT VISITS WITH THE EXCEPTION OF SCHOOL PARTIES, ARE LIMITED TO 30 MINUTES PER VISIT.** If you wish to confer with a teacher, please arrange for an appointment at a time outside regular class hours. All visitors must report to the school office before going to the classroom.

### **Center Meal Policy for Volunteers**

Mitchell Tiger Cub Preschool welcomes volunteers, but must limit those adults eating with the children to a reasonable number. Each preschool class can serve meals to an average of two volunteers per day. By notifying the teacher and adding your name to the preschool calendar for lunch, you can assist staff members in planning. Please let a staff member know, as soon as possible, if you plan to stay for lunch, so appropriate accommodations can be made.

### **Addressing Concerns**

We try hard to meet the needs of each child and family. We strive to work with parents to provide quality services to children and families. If you have a concern with our program, we need to work out a satisfactory solution. We ask that parents solve problems with the program by using the following procedure:

1. Please contact the teacher and visit with her about your questions and concerns.
2. General questions – ask your preschool teacher or family advocate.
3. Speak with the Special Services Director
4. Speak with the building principal

2. If you need further assistance, please contact Mitchell Public Schools Superintendent.

When concerns arise, both staff and parents are better able to work together when they keep from looking at the situation with an “us against them” frame of mind. Instead of making assumptions, we all need to ask questions for more information. When learning more about our program, you will find that behind most of our decisions there are Performance Standards or licensing rules that we must follow. By viewing each other as teammates, we can positively resolve any problem that comes our way for the benefit of the program and more importantly for the benefit of the children we are all responsible for teaching.

### **Screening**

One of our first opportunities to meet parents is at the preschool screening. This screening is required for all Head Start students, but is optional for all other students. As a parent, you have valuable information to share with us about your child and your family so that we can better serve you. Your preschool teacher will visit with you about the scheduled date and the specific time for you to come. The screening will be on a Friday. Your child will not have class that day. You will meet one-on-one with several people as you move from table to table. You will be asked many questions including information about your child’s health history, things that your child likes to do, activities that you would like to volunteer for, topics of interest to you for further information, and your child’s favorite foods. The time needed to complete the screening is approximately 1½ hours. If your child has a special need, health condition, or food allergy, please let your preschool teacher know immediately and then share the information at the screening as well. We really appreciate your time and patience in helping us gather important and required information. We’ll see you there!

\*\* If your child is enrolled AFTER the set screening dates have passed, you MUST complete orientation and screening paperwork BEFORE your child can begin attending classes.

### **Home Visits**

Home visits are a requirement for the Mitchell Tiger Cub Preschool. Tips for successful home visits are as follows:

Notify your teacher, Family Advocate or other visiting staff member of changes or cancellations of visits. If you are unable to keep a scheduled visit due to an emergency, please contact the expected staff member to cancel the visit. If you do not have a phone available, please leave a note on your door letting that person know your plan for contacting her/him, or note an alternative time when you will be available to meet.

Please notify your visiting staff member of any upcoming changes in your address or phone number.

Consider scheduling appointments for the same time of the day and same day of the week, making appointments easier to remember. Home visits can take place in an alternate location. By working together we can make home visits a learning experience that is beneficial to your family and to staff.

## **Parent Meetings**

Parents of children enrolled in the Mitchell Tiger Cub Preschool will have many opportunities during the year to get to know each other and to learn together. These activity-based gatherings include a snack, parent-child activities, leadership opportunities, potential outings, and/or craft projects. Input from parents about their interests will make these gatherings informative and fun.

- 1) Tiger Cub Preschool will provide opportunities for parents to attend four parent meetings during the year.
  - a) Preschool will use the Winter Celebration theme if parents wish a special event during the month of December.
  - b) Parent Meetings are to include a business meeting (usually no more than a 15-minute meeting is needed for business) to discuss ongoing center activities, needs, and allow the program to receive parent input.
  - c) Families are encouraged to attend all Parent Meetings scheduled by their preschool Parent Group. Events are to include both parents and their children. A snack will be provided during your time together. This is your opportunity to network with staff and parents. Please make the most of these opportunities.
  - d) Child care will be provided at all parent meetings.
- 2) The Mitchell Tiger Cub Preschool will elect the following officers for their parent group:
  - a) Parent Group Chairperson
  - b) Parent Group Vice-Chairperson
  - c) Parent Group Secretary and Treasurer (may be two different offices)
  - d) Policy Council Representative
- 3) Policy Council Representatives are to be elected by October 15, so that they can receive training later that month. An alternative training may be offered in November for those unable to attend the October training depending on the need. The training is open to Parent Group Officers as well.

The responsibilities of each of the elected positions will be explained prior to elections.

## **Policy Council**








Policy Council is a decision-making board that is similar to a school board. Members participate in budget planning, program planning, problem solving, and other functions described in the Performance Standards. Every Head Start program is required to have a Policy Council in place; a foundation of the program that supports parent involvement in the decision making process.

1. Mitchell Tiger Cub Preschool will be represented on Policy Council.
2. Our representative will attend monthly Policy Council meetings. If unable to attend a meeting, the representative may arrange for a proxy to attend in his or her place.
3. The Tiger Cub Preschool representative will report back at parent meetings about the Policy Council.

## **Volunteering**

There are many opportunities for you to volunteer in the program, both in and out of the classroom, and during a variety of time frames. Volunteering is a great way to support the Mitchell Tiger Cub Preschool program, and enhance your own learning and skills. Some ways parents can volunteer are to serve as an officer of the parent group, become a policy council representative, help in the

classroom, assist with fieldtrips or special events, prepare classroom materials, and help with classroom repairs or maintenance. Visit with the teacher or other staff members if you have a special interest or would like to help.

-  Families are encouraged to provide volunteer service in or for the preschool at least once a month. Our goal is to have two parents volunteering in or outside of the classroom every day. Volunteering is not a requirement of your child's enrollment, but it is very beneficial to your child and yourself.
-  While in the preschool classroom, a volunteer can participate in classroom activities, observe children's interactions with others or assist with decorating bulletin boards or other tasks as needed by the teacher.
-  Volunteering for tasks outside of the preschool time is just as important and counts in the same way as volunteering during classroom time. If your schedule does not allow for much time during the day, please visit with the teacher for some ideas for volunteer service during other time frames.
-  Each time you volunteer, please sign the Volunteer Sheet provide by your classroom teacher. Remember to keep track of your volunteer hours at home and submit those as well. Recognition of volunteers is given throughout the year in a variety of ways for volunteer services.
-  Sign the classroom calendar to volunteer to help in the classroom, assist with field trips, assist with office work, etc.
-  Each classroom will be working on Community Projects during the year. If you enjoy leadership roles, please consider assisting with community projects. Leadership is also involved when serving as a Parent Group Officer or as a Policy Council Representative.
-  Let your opinion be known! As a Policy Council representative from your preschool you can speak for the parents and impact program operations.

Our preschool staff deeply appreciates the time and experience that you offer as a volunteer. We hope to see you often!

## **EDUCATION**

Mitchell Tiger Cub Preschool uses the Creative Curriculum along with the Teaching Strategies Gold Assessment. We know that children learn best when they are actively engaged and involved in interaction with people and materials in their environment.

### **The objectives for children and/or parents in our program are:**

- To develop a positive self-image.
- To learn how to get along with children of their own age.
- To shift gradually from a family circle to a wider school circle.
- To have a wide range of experiences.
- To become a secure and independent person.
- To take responsibility for their own well-being
- To respect and care for our classroom
- To communicate his/her ideas to both adults and other children using words and expanded sentences
- To develop and coordinate large and small muscles.
- To apply knowledge or experiences to new situations

- To express themselves in a variety of creative areas including art, dramatic, music & literature.
- To develop visual perception and auditory discrimination. skills
- To enjoy and value reading
- To demonstrate knowledge of the alphabet
- To understand the purpose of writing
- To be excited about learning
- TO HAVE FUN AND MUCH, MUCH MORE!!!!

**Mitchell Tiger Cub Preschool provides the following educational services to all families:**

- All families will be offered home visits throughout the year.
- All families will have the opportunity to attend 2 parent/teacher conferences a year.
- The Ages and Stages Screening Tool is administered to all children after entering the program
- An individual ongoing assessment for each child will be used

Although home visits and parent/teacher conferences are set up for parent and teacher communication, feel free to contact the teacher as needed.

**7 Ways Parents Can Help in Their Child's Educational Experience**

1. Volunteer in the classroom or with special projects
2. Give input into curriculum and lesson plans.
3. Share your culture and family traditions.
4. Help with activities such as field trips, celebrations and special events.
5. TALK with your child about his/her experiences at preschool
6. Read to your child at least 15 minutes daily
7. Make sure that your child gets enough sleep and is physically ready to learn.

**Celebration Policy**

The Mitchell Tiger Cub Preschool program believes that all families are unique and that their beliefs and culture should be respected. Keeping this in mind, the program has developed a policy for staff to use when working with children and families.

Guidelines:

1. Each parent will complete a parent questionnaire on what their beliefs are in regards to holidays/celebrations and how they would like them to be celebrated.
2. All families' cultural and religious beliefs will be respected.  
(All early childhood programs that receive public funding and/or are affiliated with any public organizations must comply with the First Amendment of the Constitution of the United States, which guarantees the separation of church and state.)
3. All activities will be developmentally as well as age appropriate.
4. Activities will be based on children's interests.
5. All children will be able to participate in any activity that takes place in our program. Children will always be accepted.



6. Foods and snacks served will follow Performance Standard guidelines which state: all federal, state and local food sanitation and safety laws must be followed; foods are purchased only from licensed vendors and foods and beverages are high in nutrition and low in sugar, salt and fat.

### **Biting Policy**

For safety and health concerns, we take biting seriously. When it happens, it's very scary, frustrating, and stressful for children, parents, and teachers. It is also not something to blame on children, parents, or teachers, and there are no quick and easy solutions to it. Children bite for a variety of reasons: simple sensory exploration, panic, crowding, seeking to be noticed, or intense desire for a toy. Repeated biting becomes a pattern of learned behavior that is often hard to extinguish because it does achieve results: the desired toy, excitement, attention. Knowing that the effect of their biting will hurt another person is not yet a part of a child of the ages' mindset, so the "cause-effect" relationship is not internalized. Our teachers plan activities and supervise carefully in order for biting not to happen. There are times, however, when everyone cannot be within immediate reach to prevent a bite.

Our policy for handling a biting incident is as follows:

The biter is immediately removed from the group with a firm NO. The bitten child is consoled and the bitten area washed with soap and water. If necessary, ice is applied to reduce any swelling or bruising. The biter is not allowed to return to play and is talked to on a level that he/she can understand, then redirected.

A written incident report is given to the parents of all children involved when they are picked up that day.

The name of the biting child is not released because it serves no useful purpose and can make an already difficult situation more difficult.

We look intensively at the context of each biting incident for pattern, in an effort to prevent further biting behavior. Staff will complete the "biting information form" and send to the Behavioral Health Consultant. This information is used to look for a pattern and develop a prevention plan.

We work with each biting child on resolving conflict or frustration in an appropriate manner.

We try to adapt the environment and work with parents to reduce any child stress.

We make special efforts to protect potential victims.

We try to make every effort to extinguish the behavior quickly and to balance our commitment to the family of the biting child to that of other families.

### **Health Policies**

When a student has a disease, illness or health condition, the chart below may be followed to determine when he/she may return to school:

Fever – temperature has been below 100 degrees for at least 24 hours

Vomiting/Diarrhea – last episode more than 24 hours previous to return, and student is eating normally

Chicken Pox – when all scabs have dried up or disappeared

Pink Eye – 24 hours after antibiotic started, and no more drainage

Impetigo – 24 hours after antibiotic started, and sores are decreasing in size

Ringworm – must remain out of school until under treatment

Head lice – after the hair is treated for lice, all nits (lice eggs) removed, and first cleaning completed. Students who have had lice will be checked for a minimum of 14 days after the first treatment.

If a student is absent due to illness or injury for more than five (5) consecutive days, a note from a physician stating the student's fitness to return to school is required.

If your child is ill, please keep them home.

### **Procedure in case of an accident or illness**

1. The parents/guardians will be notified if the student needs to go home and/or a health care provider needs to be consulted. It is expected that the student will be picked up as quickly as possible.
2. Students needing to go home will be cared for and made as comfortable as possible until someone arrives to pick them up.
3. If necessary and circumstances warrant, the student will be taken to the hospital via the rescue squad. Attempts will be made to contact a parent/guardian prior to the student being transported.

Each family must complete an emergency card for office use to inform the school of how and who to contact in case of an emergency. **Parents/guardians are expected to update emergency cards annually and when changes occur.**

Students should not be sent to school and will be sent home if any of the following conditions exist.

1. Student has a temperature of 100 degrees or more.
2. Student is experiencing vomiting, severe headache or cough etc.
3. Student has a suspicious contagion, rash or discharge.

No student will be sent home until a parent, guardian, or responsible adult has been contacted.

### **Medications**

Most medications, including those prescribed three times daily, are most safely and easily given at home. For those few students requiring medications during school hours, the physician and parent must complete the Mitchell School Medication Permission Form. Medications will be given as ordered by the physician. Only FDA approved medications will be administered. Medication Permission Forms expire at the end of each school year or sooner, depending on the physician's order.

Medications must be in a pharmacy container labeled with the name of the student, medication, dose and frequency ordered, and the physician's name. When requested, most pharmacies will provide a second labeled bottle of medication to take to the school if needed.

The school can make no changes in the amount of medicine given or when the medicine is given, without a written order from the physician.

## **FAMILY SERVICES**

### **Family Advocate Services**

The Mitchell Tiger Cub Preschool has been assigned a family advocate to work with Head Start families, or any that would like this service. Advocates are an additional resource for families and can be of assistance during times of family crisis. They will support you in setting and reaching family goals, will serve as a source of information on a wide variety of topics and can assist you in finding needed resources for your family. Family advocates generally visit with families at least three times per program year, but are available for additional home visits on an as needed basis. They can accompany you to other agencies as you seek resources. Advocates may provide transportation if the transportation is required to meet immediate basic needs including health needs. Your family advocate can be reached through your teacher or ESU #13 at 635-3696.

### **Family Development Matrix**

The purpose of the Family Development Matrix is to identify your family's strengths in a variety of areas as well as any needs that you may have. The Family Development Matrix is used to assist families in setting goals and is completed in partnership with a family advocate. Families are able to use these tools for goal planning. Family and/or individual goals will be the focus, and family advocates will follow up throughout the year to encourage and support you in obtaining your goals.

### **Attendance Policy**

During childhood, children are learning a number of skills that will serve them for a lifetime. By having your child in the classroom as consistently as possible you are teaching the value of learning, and are increasing the chance of your child's success in school. Please contact the classroom teacher if you child is going to be absent. Also, notify the teacher if the child is going to be absent for extensive circumstances (like a death in the family).

As a federally funded program, we are required to track attendance, and therefore must have an attendance policy. Attendance concerns will be addressed with the following steps

**Unexcused absences** are defined in the following ways: 1) No contact from parent regarding child's absence, 2) Parent indicated that the child "did not want to come to school today" 3) Child is brought to the center early or picked up late.

1. Phone contact by the teacher is required following the first unexcused absence.
2. A home visit by the family advocate is required following the third unexcused absence to understand the reason for the absences and to discuss the attendance policy if needed.
3. Chronic absenteeism will also be cause for a referral to the family advocate for a home visit to

initiate appropriate family support procedures, partnering with the family to resolve barriers that interfere with a child's attendance.

4. Continued absenteeism will result in a referral made to the Data Manager. This is to notify the family by phone or letter to ensure that the family is still interested in continued enrollment in the Mitchell Tiger Cub Preschool program and establish ways that the program can be supportive of the child's attendance. If there are barriers causing attendance concerns, the family advocate will follow up with the family to work together to resolve the concerns. An attendance plan and/or team meeting may be required.
5. If staff is unable to contact the family by phone, and the family does not respond to our letter by the deadline, or chronic absenteeism persists, the management team will meet to discuss the situation and try to resolve barriers before deciding to drop the child. If a plan is developed or a team meeting is held and the parents do not adhere to the guidelines set, we assume that the family is no longer interested in participating in the program and the child's name will be removed from active enrollment.
6. Those parents expressing interested in having their child participate in the program after the deadline will be required to have a written plan in place addressing the attendance concern. Once a child's name is removed from enrollment, the next child on the waiting list will be enrolled in his/her place. There is no guarantee that the program will have another available opening at the time that the request is made.
7. If a pattern of chronic absences are reported that are not consecutive days missed, the same steps will be followed with the family.

**\*Please advise the teacher and/or Data Manager of extenuating circumstances, such as a death in the family.**

### **School Closing Information**

When school is to be canceled due to bad weather, the information will be communicated over Radio Stations KOLT 1320 AM, KMOR 92.9 FM, KNEB 960 AM, KSID 98.7 FM, KOAQ 105.9 FM, and on KDUH-TV. Please tune in to either of these sources as early in the morning as possible. Please do not call the school regarding weather and school closings so that telephone lines can remain open. If school is closed for K-12 students, the preschool will be closed also. If school closes **DURING** the day we will follow the instructions given on your child's emergency card.

### **Inclement Weather**

During inclement weather, outside play times are reduced or eliminated. If the wind chill factor is below 15 degrees or the temperature is 15 degrees or lower, there will be no outside play time. Otherwise, children are expected to go outside during playtimes. If your child is to stay in during outside playtimes for health reasons, a note from a Doctor must be sent to school. If it is a "one time" occasion, a note from the parent is sufficient.

### **Emergency Number**

**It is important that we have an emergency phone number, other than your home phone number, on file with the teacher for your child. This emergency number should be a local number. Please make sure this number is kept up to date.**

### **Emergency Drills**

Fire drills are held once a month during the school year, and tornado drills are held once in the fall and once in the spring.

Nebraska school laws require that each school hold at least two fire drills the first two weeks of school and eight additional fire drills during the school year. The children are taught to leave the building quickly, quietly, and in a safe organized manner. School also engage in lock-down, state-wide tornado, and evacuation drills (bomb threats and other emergencies) during the school year. The evacuation drills could involve evacuation of students to the school's designated alternate site. Please call your building principal if you have questions about drills conducted at your school. These drills are conducted in an effort to achieve maximum preparedness in case of an emergency situation. Your school will also have an established student pick-up protocol in case of certain emergencies.

### **Emergency Procedures**

The school district has developed a Crisis Response Plan that is designed to minimize danger to anyone occupying a school should an emergency occur. Our main objective is to attend to the health and welfare of your children in the event of a crisis. In most emergencies, your children will remain and be cared for at the school they attend. In the rare event of an emergency affecting the school your child attends that prohibits reentry to the building (such as a broken gas or water main, a fire, or toxic spill), elementary students will be transported via school transportation to the nearest and most appropriate school building.

We ask that you follow the procedure below if you hear of any school emergency:

- 1. Turn on the radio or television. We will keep the media informed of any emergency.**
- 2. Please do not telephone the school. We have limited phone lines. These MUST be used to respond to the emergency.**
- 3. Please do not come to the school unless required to pick up your child.** Any emergency involving your child's school may mean emergency vehicles and workers must be able to get to the building. If the emergency necessitates relocation of staff and students, you will be informed via the media.

### **In Kind**

Every year Mitchell Tiger Cub Preschool receives grant money from the Federal Government. Twenty-five percent of what we receive must be matched with in-kind or donations from parents and other community people. Some things that count toward in-kind are:

- Completing and submitting a Family Activity Calendar
- Volunteering in the center
- Preparing classroom materials
  
- Working on community projects as a parent group
- Attending Policy Council meetings
- Donated items

Check with your teacher about other ways you can help with In-Kind.

## **Reporting Child Abuse / Neglect**

The Mitchell Tiger Cub Preschool's procedure in reporting child abuse and neglect is based on the Nebraska Statute 28-711 Reporting Law. In the case of suspected child abuse or neglect staff members are to follow the procedure by reporting to the Child Abuse Hotline at 1-800-652-1999. Our primary concern is the safety of children, and the well-being of their families.

Our policy is that staff will not discuss child abuse reports with parents. If you have questions about child abuse reporting, you are welcome to speak to the teacher or other administrator. The Mitchell Tiger Cub Preschool can make referrals to help families struggling with abuse/neglect issues and/or to provide support as the family works with other systems.

Applicable Nebraska Statutes regarding child abuse and neglect are as follows:

1. Any person who has reasonable cause to believe that a child is being subjected to conditions which would result in neglect or abuse is required by law (Nebraska Rev. Stat. 28-711, Reissue 1989) to report such an incident to the proper law enforcement agency, i.e. the police department, sheriff's office, or the Nebraska Department of Social Services.
2. Any person reporting a child who is being subjected to abuse or neglect is immune from any liability, civil or criminal, that might otherwise be incurred or imposed, except for maliciously false statements (Neb. Rev. Stat. 28-716, reissue 1989), and will also be immune from discharge, retaliation, or other disciplinary action solely on the basis of having made a child abuse report.

**If you know of a child that is being harmed in any way, please remember that all Nebraska residents are to report suspected child abuse and neglect. You can report suspected abuse/neglect to the Department of Health and Human Services Hotline (1-800-652-1999) or to the appropriate law enforcement agency. Please remember that we are all responsible for the safety of our nation's children.**

## **Student Records**

Records are maintained on all students. The records for your child are open for your review at any time. The records include the student's academic and testing record. An appointment to review the records should be made in advance so the teacher will be available to answer any questions.

## **Confidentiality Policy**

Families have the right to protection of personal information. Mitchell Tiger Cub Preschool operates under the following principles:

1. Parents should be the primary source of information about themselves, and Information sought from them should be limited to that which is essential for services.
2. Parents and other volunteers are prohibited from reviewing records other than those of their own children.
3. Health, education, and social service records for children/families are open only to staff and consultants on a "need to know" basis to the extent necessary to provide services, or assess the effectiveness of the services that are being offered.

4. \*Information is not to be released to anyone outside the program without Written consent from the family.
5. Other agencies and individuals are to be consulted only with the family's consent and within the limits of that consent.
6. Information recorded and records maintained are to be limited to those essential for providing services. Children's files and other information will be stored in locked files to insure confidentiality at each site.

\*Exceptions to the above include child abuse/neglect reporting, and persons at risk of harming self or others.

Please note that **confidentiality also applies to you**. While volunteering in the center, you may hear or see something regarding the child of another family. If you have specific concerns, please address them appropriately with staff. Respect the rights of families served in our program and do not discuss information with others.

## **Health Services**

### **Dental Health Examinations:**

Every child must have a complete oral exam during his/her first 90 days of enrollment in the program. This exam should be completed by a dentist. **The Mitchell Tiger Cub Preschool would like the oral exam to be completed prior to enrollment in the program.**

### **Well-Child Examinations (Physical Exam):**

Every child shall be up to date on his/her well-child examinations within 30 days of the start of the program. Please notify the teacher if you need assistance in finding a health care provider in the area you would like your child to see. **The Mitchell Tiger Cub Preschool would like the physical exam to be completed prior to enrollment in the program.**

### **Immunizations:**

Every child is required to be up-to-date on his/her immunization series. If your child is not up-to-date on immunizations, within 30 days of enrollment, he/she will not be able to attend the center unless the immunizations are in the process of being updated. **Mitchell Tiger Cub Preschool requires that a copy of the immunization record be submitted prior to enrollment in the program.** If you need assistance in scheduling immunizations for your child please contact the teacher as soon as possible. If your child does not receive immunizations for personal or religious practices please notify the teacher to complete all necessary paperwork.

### **Vision Screening:**

Every child will complete a visual acuity screening within 45 days of the start of the program. A nurse will be conducting this screening. Your child may be referred to a local eye doctor of your choice for follow-up treatment depending on the results of the completed screening.

### **Growth Assessments:**

Every child will complete a height and weight measurement within 45 days of the start of the program and periodically throughout his/her enrollment. A nurse will be conducting this screening. This information will help us monitor your child's growth pattern throughout his/her participation in the program.

**Lead Testing:** Any child can be poisoned by lead with no symptoms at all until the poisoning is severe. Lead screening is typically completed in conjunction with your child's well child exam at 12 and 24 months of age. A copy of those results needs to be included in your child's file with the preschool. You can obtain a copy from your doctor. If the test has never been done, ask your doctor to do the test now. Your child is required to have been tested for lead at least once by 24 months of age.

## **Behavioral Health**

- Behavioral Health or social-emotional development refers to how children get along with others and how they learn to express their emotions in healthy ways.
- A behavioral health professional (Licensed Mental Health Practitioner) is contracted by ESU#13 Head Start Program and is available to provide direct and indirect services to families:
  - Direct services are provided by observing children in classrooms, (at the request of the teacher or parent), consulting with parents, speaking to parent groups, and providing crisis intervention.
  - Indirect services are provided by consulting with staff and then staff provides information to parents.
- The behavioral screening, or Social-Emotional Questionnaire, is completed within 45 days of the child's enrollment. Parents are asked to answer questions about their child's behavior, or social-emotional development.
- Staff and classroom volunteers are expected to follow the Behavior Guidance Policy, which promotes positive behavior support. Please let your teacher know if you would like a copy of the policy for your reference.
- When parents are concerned about their child's behavior, contact the teacher or family advocate. The staff will contact the Behavior Health Consultant, as needed, for consultation and/or to meet with parent and staff.
- A safe classroom is a must for learning to take place. Therefore, if a child is hurting other children or staff, or threatens to hurt others, the parent/s will be asked to meet with the staff and the Behavior Health Consultant to make a behavior plan. The Family Advocates and the Behavior Health Consultant will work with parents who request mental health services.

## **Disabilities**

- The Ages & Stages Questionnaire will be completed within 45 calendar days of enrollment to screen the child's development in the areas of Communication, Gross Motor, Fine Motor, Problem-Solving and Personal-Social.
- Speech and hearing screenings will be done within 45 calendar days of enrollment.
- Parents will be notified of screening results.
- If developmental concerns exist, staff will contact the parents. Parental permission must be given before a child is referred for further testing by the school district.
- After an evaluation, a meeting called the Multi-Disciplinary Team (MDT) meeting is held to go over the evaluation with the parents.
- During the MDT meeting, if it is determined that the child needs special services, another meeting is held called the Individual Education Program (IEP). This meeting will include the parents and the team will develop a plan in which goals and objectives are established for the child.
- A Disabilities Service Plan, which provide strategies for meeting the special needs of children with disabilities and their parents, is updated annually.



## **Child Find**

Child find is a community-wide effort to provide opportunities for children with disabilities. Parents, educators and members of the medical community take part in the program to locate children who may have a disability.

Parents/Community members who contact Child Find may have concerns about the child's development in the areas of:

- Hearing
- Vision
- Speech/language skills
- Motor skills
- Thinking skills
- Emotional/social skills

Child Find provides developmental screening and, when appropriate, a comprehensive, multi-disciplinary evaluation for children from birth to kindergarten age.

If you live within the Mitchell School District and have, or know of a child who may have a disability, contact the Special Services Director at 623-2235 (high school) or 623-2828 (elementary)

## **Nutrition**

Our preschool program receives federal cash assistance to serve healthy meals to your children.

- The children will receive nutritious meals and snacks. The menus will follow the *Dietary Guidelines for Americans* that say that the foods must be high in nutrients and low in fat, sugar and salt. Menus at parent activities will follow the same guidelines.
- Foods served to the children must be commercially prepared or inspected. The only foods which may be donated to the program are raw fruits and vegetables, and prepared foods. This is to assure the health and safety of children and staff in the center.
- Diet prescription for food allergies, milk intolerance or other special diets is required to be submitted before the child attends preschool. In addition, when an enrolled child is placed on a diet in the middle of the school year, a written diet prescription signed by a physician is also required. The diet prescription **should include** the diagnosis and symptoms, along with suggested acceptable foods. The parents are encouraged to work closely with the staff to find acceptable substitutes for problem foods.
- Food experiences are used throughout the year to introduce new foods to the children, along with familiar foods served in a different way. Through cooking, children learn many concepts, including science, math, language, and social and motor skills. Good nutrition is discussed using the "My Plate" food pyramid.
- Effective dental hygiene is practiced after meals at the preschool.
- Physical activity is encouraged each day.
- Parents will be provided through parent meetings, community meetings and newsletters various nutritional information for the family.
- A Registered Dietitian is available to the program for consultation.

## **Asbestos**

The Institute for Environmental Assessment was requested by the Mitchell Public Schools to review and prepare an asbestos management plan, identifying the presence of asbestos within District school buildings. After reviewing the characteristics of District buildings, a management plan was

prepared for each building, a copy of which is maintained at the administrative office for each major building, describing the asbestos plan and the intended response. Under the present management plan, the asbestos should not present a detectable risk to any building occupant. The District conducts periodic surveillance to provide a continuous assessment of asbestos-containing materials.

The detailed plan and updated information for each building, or for the entire district, is open to public review and is located in the office of each building. If you have any questions, please contact the District's administration.

### **Discipline: Definitions and Procedures**

State law gives the administrations and teaching personnel in the school the responsibility of maintaining good order and discipline. Those in charge of the classrooms and activities may take such actions as are necessary regarding student behavior, including but not limited to: counseling, parent conferences, and/or requirements that a student remain in school before or after regular hours to do additional work.

The teachers, aides, custodians, and all other staff members have the responsibility and authority to insist upon good discipline in the classrooms, school building, on the school grounds, and at school activities. Staff members who supervise students in the classroom, cafeteria, and the playground will work to reward positive behavior when students exhibit it.

When students exhibit inappropriate behavior the families will be consulted and worked with in order to ensure safety for all children.

Good discipline begins in the home where a child learns from his/her parents at an early age to develop self-control. This will carry directly into his/her school behavior. Students are expected to conduct themselves in a manner which is in keeping with the activity in which they are involved, respect the rights of others, and obey safety rules and regulations.

### **No Child Left Behind Act of 2001**

Notice Concerning Staff Qualifications:

The No Child Left Behind Act of 2001 gives parents the right to get information about the professional qualifications of their child's classroom teachers. Upon request, Mitchell Public Schools will give parents the following information about their child's classroom teacher:

1. Whether the teacher has met State qualifications and licensing criteria  
For the grade levels and subject areas in which the teacher provides instruction.
2. Whether the teacher is teaching under an emergency or provisional teaching certificate.
3. The baccalaureate degree major of the teacher.
4. Information about other graduate certification or degrees held by the teacher, and the field of discipline of the certification or degree; and
5. We will also, upon request, tell parents whether their child is being provided services by a paraprofessional and, if so, the qualifications of the paraprofessional.

The request for information should be made to an administrator in your child's school building. The information will be provided to you in a timely manner. Finally, Mitchell Public Schools will give timely notice to you if your child has been assigned, or has been taught for four or more consecutive weeks by a teacher who does not meet the requirements of the NCLB Act of 2001.

# Safe Walking

## Protecting Young Pedestrians

**Safe ride  
news fact  
sheet  
Page 1**



### Why children are in danger from traffic

#### Research Shows:

- Children pay attention to only one thing at time. When playing they may forget about traffic.
- They often act without thinking.
- Children do not understand the danger of moving car. They cannot judge the speed of a vehicle coming toward them.
- When they see a car, they think that the driver sees them and can stop for them.
- They cannot judge where a sound is coming from.
- Because children are small, it is hard for drivers to see them.

Children can learn the steps of safe street crossing. However, they may not do what drivers expect when playing or in a confusing traffic situation.

**See the back for tips on child safety for specific ages**

When a car hits a child, the result is deadly!  
Most children are hit by vehicles near their home during afternoon. A driveway, parking lot, or school bus stops can be dangerous. Parents often think young children can cross streets themselves Before they are really ready.

### Steps you can take to protect your children

Find safe play areas away from streets, driveways, or parking areas. Children need active outdoor play, but they are in danger near traffic. They may run into the street without warning.

Make sure an adult or teenager is with children under age 9 or 10 around traffic. Children may know how to be careful but they can easily forget (see left column). Do not expect children under age 11 or 12 to watch younger ones near streets.

Say “no” when younger children beg to go places without an adult. Find safer ways to let them feel independent.

Teach your children to cross streets safely (see back). Show them that you cross streets safely too. They learn from watching you.

Decide when your older child (over age 9 or 10) is responsible enough to walk to places without an adult. Check out the routes to school, park, library, and friends’ houses. Make sure there are no serious hazards. (Use the Walk-able America Checklist—see Resources.)

Dress children in bright colors so drivers can see them easily.

Slow down when you are driving. Be cautious on neighborhood streets or near schools and playgrounds. Even a 5-mph lower speed can mean much less severe injury if a child is hit. Support citizen efforts to slow traffic on Local Streets.



Make Every Ride a safe ride



Always hold hands while crossing street

## Safe Walking

## Page 2

### Danger for toddlers (1 to 3 years)

Being hit by a backing vehicle while playing in a driveway.  
Wandering into the street while walking or playing.

### Parent action for toddlers

Check behind your vehicle before you get into it,  
Be sure that there are no children behind it.  
Find fenced places where children can play safely.  
Keep them away from streets, driveways, or alleys.

**Always hold hands with your child while walking and crossing**



### Danger for preschoolers (3-5 years)

Running suddenly into the road,  
alley or parking lot while playing.

### Parent Action for Preschoolers

Find safe play areas for children, like a  
park or schoolyard. Keep close watch on  
your children while they play!

**Hold hands** while walking and crossing.

### Dangers for early elementary children (ages 5-8)

Dashing into the street while playing or walking with friends.  
Being expected to cross streets alone before they are able to do so  
safely. Even walking to and from school can be risky at this age.

### Parent action for early elementary children

Practice Safe Street crossing together, and set a good example  
If your child walks to school, make sure she goes with an adult  
or older child. If she walks with an older child (4<sup>th</sup> grade and older),  
check to make sure the older child is in control.

If your child takes a school bus, make sure an adult is at the school  
bus stop with him. A child could be hit by his own bus or a passing  
vehicle. Make sure they stay away from the street until the bus stops.  
If they must cross the street when leaving, make sure they follow the  
driver's directions. They should cross in front of the bus. Teach them  
to look for cars that pass illegally.

### Danger for older elementary children (ages 9-12)

Taking risks while crossing as they gain more independence.  
Dealing with confusing traffic situations, such as busy streets.

### Parent action for older elementary children

Make sure your child can judge where and when to cross safely.  
Make sure they know how to use traffic signals. Teach them to  
look over their shoulders for turning traffic at corners.

**Encourage children to take part in a school traffic patrol.**

### Steps of Safe Street Crossing

Practice with your child  
whenever you cross together.

1. Stop at the edge of the street.
2. If you are near a corner, go to the corner to cross.
3. If there are parked cars or your view is blocked, move to where you can see and where drivers can see you.
4. Look left-right-left to make sure no traffic is coming. If at a corner, also look over your shoulder for turning traffic.
5. If a driver seems to be slowing down, look into his eyes. Make sure he sees you and stop before you cross.
6. Walk-don't run- across when no traffic is coming, Looking left and right as you go.

\*Children under 9 or 10 should always cross with an adult or responsible older child.

### Resources

Walk-able America Checklist, available from National Highway Traffic Safety Administration, Traffic Safety [www.nhtsa.dot.gov/people/injury/pedbimot](http://www.nhtsa.dot.gov/people/injury/pedbimot)

Pedestrian/bicycle Information Center, 919-843-4422 or [www.walkinginfo.org](http://www.walkinginfo.org)

Annual Walk to School Day, Partnership for a walk-able America, 919-962-7419 or, [www.walktoschool-usa.org](http://www.walktoschool-usa.org)

Keep kids alive—Drive 25 Campaign, 402-334-1391 or [www.keepkidsalive.com](http://www.keepkidsalive.com)

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Child Development Programs  
**Parent Handbook**  
*Acknowledgement & Agreement*

**Signing this Acknowledgement & Agreement will confirm two very important responsibilities that you take on as a Parent & Parents or Guardians.**

*First:* you acknowledge that you received your copy of the Parent Handbook.

Sign \_\_\_\_\_ Date \_\_\_\_\_

Sign \_\_\_\_\_ Date \_\_\_\_\_

*Second:* you agree to follow the guidelines and policy out-lined in this Parent Handbook.

Sign \_\_\_\_\_ Date \_\_\_\_\_

Sign \_\_\_\_\_ Date \_\_\_\_\_

# Resource Guide

Updated April 2015

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## **CLOTHING**

### **BARGAIN BIN**

Scottsbluff - 1517 2<sup>nd</sup> Avenue 635-3755

### **CATHOLIC USED CLOTHING RUMMAGE HOUSE**

Sidney - 14<sup>th</sup> and King Street – Monday-Thursday, 8am-4pm 254-2828

### **GOODWILL STORE**

Scottsbluff - 1508 E 20<sup>th</sup> Street 632-3949  
8am to 9pm - Mon- Sat; 10am to 6pm Sun

### **LAKOTA LUTHERAN CENTER**

Scottsbluff - 1200 E Overland 632-3774  
8 am to 4 pm Mon-Thurs: Coats and Blankets only, for clothing please call ahead

### **LOCAL POLICE DEPARTMENT**

Kimball - 223 S Chestnut 235-3608

### **MISSION STORE, THE**

Alliance - 203 Box Butte Avenue 762-4620

### **MULBERRY BUSH**

Scottsbluff - 514 S Broadway (across from Safeway) 633-2001

### **POTTERS WHEEL MINISTRIES COMMUNITY THRIFT STORE**

Scottsbluff- 1815 1<sup>st</sup> Avenue 633-2888

### **SALVATION ARMY THRIFT STORE AND FOOD BANK**

Sidney – 2032 Illinois 254-1044

### **SHOES MINISTRY**

Scottsbluff - 1701 W. 27<sup>th</sup> Street – WestWay Christian Church 641-8578  
Email shoesministry@yahoo.com.

### **SKYVIEW OF BRIDGEPORT**

Bridgeport – 505 O Street 262-0725

## **CHURCHES**

(List Upon Request)

## **CITIZENSHIP, IMMIGRATION AND NATURALIZATION**

### **IMMIGRATION AND NATURALIZATION SERVICE (USCIS)**

1717 Avenue H, Omaha, NE

1-800-375-5283 (general info)

1-800-767-1833 (hearing impaired)

### **THE LATINO AMERICAN COMMISSION**

For questions about naturalization, immigration, or other Hispanic concerns

1-877-220-1250

### **MEXICAN CONSULATES**

Denver: 5350 Leetsdale Drive, Suite 100

303- 331-1110

Omaha: 7444 Farnam St

402- 595-1841/44

### **NATIONAL PASSPORT INFORMATION CENTER**

1-877-4USA-PPT (1-877-487-2778)



## DENTISTS

<b><u>Bridgeport Dental Clinic</u></b> Bridgeport - 1006 Main Street	1-800-248-4057 262-1434
<b><u>Chappell Dental Clinic</u></b> Chappell - 246 Vincent Avenue	874-2910
<b><u>Community Action Partnership of WN</u></b> Gering - 975 Crescent Drive	632-3232
<b><u>Giles Gene R D.D.S PC</u></b> Alliance - 113 E 5 <sup>th</sup> Street	762-1820
<b><u>High Plains Dental</u></b> Sidney - 1545 10 <sup>th</sup> Ave.	254-2065
<b><u>Howard Daniel K</u></b> Morrill - 302 County Rd	1-800-658-4094 247-3381
<b><u>Kimball Family Dentistry PC</u></b> Kimball - 416 W 2 <sup>nd</sup> Street	235-3919
<b><u>Kramer Mark G</u></b> Scottsbluff - 213 W 38 <sup>th</sup> Street	1-800-631-3232 635-7846
<b><u>Lashley, Benjamin A., DDS</u></b> Alliance - 2101 Box Butte Avenue	762-4357
<b><u>Life Smiles of Sidney</u></b> Sidney - 1040 Old Post Rd.	254-7171
<b><u>Maxwell Paul</u></b> Alliance - 916 W. 10 <sup>th</sup> Street	762-6131 762-4187
<b><u>Moody Dental Clinic</u></b> Alliance - 2200 Box Butte (open Mondays thru Thursdays)	762-1990
<b><u>Summit Dental Group: Neal Michael P, DDS</u></b> Sidney - 2678 11 <sup>th</sup> Avenue, Suite #1	254-2555
<b><u>Peterson D. E., D.D.S.</u></b> Gering - 1415 Sage Street Open Tuesdays, Thursdays, Fridays - 8:30 - 4:00	436-3491
<b><u>Pieper Todd B (Valley Dental Center)</u></b> Scottsbluff - 3725 Avenue D	632-2727
<b><u>Platte Valley Dental Group</u></b> Scottsbluff - 416 Valley View Drive, Suite 900	633-1111
<b><u>Brandon Wilcox/Donald N. Taylor Jr.</u></b> Alliance - 916 W 10 <sup>th</sup> Street	762-6131
<b><u>Printz William D</u></b> Sidney - 1340 10 <sup>th</sup> Avenue	254-7171

## **EDUCATION**

### **ADULT BASIC EDUCATION PROGRAM**

Alliance – 616 Black Hills Avenue	762-9883
Alliance – WNCC – 1750 Sweetwater Avenue	760-7986
Alliance – One Stop Career Center, 302 Box Butte Ave.	763-2935
Bridgeport – Public Library: 722 Main St.	279-0403
Bridgeport – High School – 800 Q St.	262-1454
Kimball – High School – 901 S. Nadine St.	750-6796
Sidney – 371 College Drive (WNCC)	254-7458
Scottsbluff - Independent Learning Center – 1601 E. 27th	635-6768
Scottsbluff – Guadalupe Recreational Center – 1200 E 9 <sup>th</sup> Street	635-6775
Scottsbluff – One Stop Career Center, 505-A Broadway, Suite 300	632-1420

### **ALLIANCE PUBLIC SCHOOLS ADMINISTRATION OFFICE**

1604 Sweetwater Ave.	762-5475
Special Education Dept. - 1450 Box Butte Ave. - Laurie Keilwitz – Director	762-4331
Early Childhood Program 1212 East 24 <sup>th</sup> Street – Laurie Keilwitz - Director	762-4425

### **ALLIANCE SUMMER SCHOOL**

Alliance – Grandview Elementary, 615 Grand Avenue Recruiter: Amy Garza	762-4519
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### **BANNER COUNTY PUBLIC SCHOOLS**

Harrisburg – 200 School Street - Superintendent	436-5263
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### **BAYARD PUBLIC SCHOOLS**

Bayard - 726 4 <sup>th</sup> Avenue - Superintendent	586-1325
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### **BRIDGEPORT PUBLIC SCHOOLS**

Bridgeport -800 Q Street Superintendent	262-1470
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### **CHADRON PUBLIC SCHOOLS**

Chadron – 602 E 10 <sup>th</sup> Street – Superintendent	432-0700
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### **CHADRON STATE COLLEGE**

Alliance – 1750 Sweetwater Avenue, Suite 103	763-2018
Chadron- 1000 Main Street	1-800-242-3766
Scottsbluff – 1601 E 27 <sup>th</sup> Street	635-6006

### **CREEK VALLEY PUBLIC SCHOOL DISTRICT**

Chappell - Superintendent – 6 <sup>th</sup> & Hayward St.	874-2911
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### **EARLY CHILDHOOD LEARNING CENTER**

Scottsbluff – 2512 2 <sup>nd</sup> Avenue	635-6293
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### **DEPT OF SPECIAL EDUCATION – STATE OF NE**

Scottsbluff – 505-A Broadway	632-1349
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### **EDUCATION SERVICE UNIT 12**

Alliance/Chadron –300 Shelton Street	800-717-1231
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### **EDUCATIONAL SERVICE UNIT 13**

Early Development Network Scottsbluff – 4215 Avenue I	635-3427
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**EDUCATIONAL SERVICE UNIT 13**

Early Development Network Sidney – 1114 Toledo Street	254-4677
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**FAMILY SKILLS BUILDING SERVICES**

Scottsbluff – 1012 W 36 <sup>th</sup> Street	630-8032
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**GARDEN COUNTY PUBLIC SCHOOL DISTRICT**

Oshkosh – 200 W 4 <sup>th</sup> - Superintendent -	772-3242
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**GERING PUBLIC SCHOOLS**

Superintendent - 1519 10 <sup>th</sup> St.	436-3125
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**HEAD START**

Alliance – 1028 E. 3 <sup>rd</sup> St/270 Pine St.	762-2734/432-5018
Bayard Tiger Cub – 723 4 <sup>th</sup> Avenue	586-1211
Bridgeport - 818 O Street	262-0507
Central- 940 Crescent Drive, Gering	635-6852
Gering -TBA	TBA
Gering – Home Base EHS – 3305 10 <sup>th</sup> Street	632-1999
HFRC - 975 Crescent Drive, Gering	633-3321
Kimball - 509 W. 5 <sup>th</sup> Street	235-3048
Oshkosh -VOA – 802 W 2nd	772-3336
Minatare Pre-Start – 805 7 <sup>th</sup> Ave.	783-1255
Mitchell Tiger Cub Preschool – 1439 13 <sup>th</sup> Avenue	623-1707
Morrill Tri-Community Preschool – 505 Center Avenue	247-2176
Scottsbluff - 1202 11 <sup>th</sup> Avenue	632-3881
Scottsbluff Bear Cub – 2512 2 <sup>nd</sup> Avenue	635-6293
Sidney - 1844 1 <sup>st</sup> Street	254-3880
WNCDC I, II, III, IV - 3118 17 <sup>th</sup> Avenue, Scottsbluff	635-3231

**HEALTHY FAMILIES AMERICA**

1930 East 20 <sup>th</sup> Place Suite 400, Scottsbluff	633-2866
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**HEMINGFORD PUBLIC SCHOOL**

911 Niobrara - Superintendent	487-3328
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**KIMBALL PUBLIC SCHOOL DISTRICT**

901 S. Nadine Street - Superintendent	235-4861
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**LEYTON PUBLIC SCHOOL DISTRICT**

Dalton – 504 Main - Superintendent	377-2301
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**LIBRARIES**

Alliance Public Library – 1750 Sweetwater Avenue	762-1387
Bayard City Library - 509 Ave A	586-1144
Big Springs Public Library - 400 Pine St.	889-3482
Bridgeport Public Library - 722 Main Street	262-0326
Broadwater Public Library – 251 N Starr Street	489-0199
Chappell Memorial Library - 289 Babcock Avenue	874-2626
Gering Public Library - 1055 P Street	436-7433
Hemingford Public Library – 812 Box Butte Avenue	487-3454
Kimball Public Library - 208 S Walnut St.	235-4523
Lewellen Library – 208 Main St.	778-5421
Lyman Public Library - 313 Jeffers Avenue	787-1366
Mitchell Public Library – 1449 Center Avenue	623-2222
Morrill Public Library - 119 E Webster Street	247-2611

Oshkosh Public Library – 307 West 1 <sup>st</sup>	772-4554
Potter Public Library - 333 Chestnut St.	879-4345
Scottsbluff Public Library - 1809 3 <sup>rd</sup> Avenue	630-6250
Sidney Public Library - 1112 12 <sup>th</sup> Avenue	254-3110

**MIGRANT AND SEASONAL HEAD START**

Gering - 3350 10 <sup>th</sup> Street	633-3283
Alliance – 912 Box Butte	762-0401
Scottsbluff – 3118 17 <sup>th</sup> Avenue	635-3231

**MIGRANT EDUCATION**

Scottsbluff - ESU 13 – 4215 Avenue I Recruiter: Kiowa Rogers	635-3696
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**MINATARE PUBLIC SCHOOLS**

1107 E 7 <sup>th</sup> Street - Superintendent	783-1232
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**MITCHELL PUBLIC SCHOOLS**

1619 19 <sup>th</sup> Avenue - Superintendent	623-1707
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**MORRILL PUBLIC SCHOOLS**

411 E. Hamilton - Superintendent	247-2149
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**PROTEUS, INC. (FORMERLY NAF) – SATELLITE OFFICE**

Scottsbluff – 1423 1 <sup>st</sup> Avenue – Anna Barragan	641-8563
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**POTTER/DIX PUBLIC SCHOOL DISTRICT**

Potter – 303 Walnut -Superintendent	879-4434
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**SCOTTSBLUFF PUBLIC SCHOOLS**

2601 Broadway	635-6200
Homeless Liaison	635-6696

**SCOTTSBLUFF PUBLIC SCHOOLS –RECONNECT**

1715 First Avenue – Mario Chavez-Student Outreach Coordinator Helps youth to get high school diploma	633-2211
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**SIDNEY PUBLIC SCHOOL DISTRICT**

Superintendent – 1101 21 <sup>st</sup> Avenue	254-5855
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**SIoux COUNTY SCHOOL DISTRICT**

Harrison – 435 Kate Street	668-2415
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**SIXPENCE EARLY LEARNING PROGRAM**

Scottsbluff – 1722 First Avenue	635-6200
Provides information, support, and encouragement to parents to help their children develop optimally during the crucial early years of life – serves children newborn to 3 years.	

**VOCATIONAL REHABILITATION SERVICES**

Scottsbluff -505A Broadway, Suite 500	632-1321
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**WESTERN NEBRASKA COMMUNITY COLLEGE**

Alliance – 1750 Sweetwater Avenue	1-888-559-9622	763-2000
Scottsbluff – 1601 E 27 <sup>th</sup> Street	1-800-348-4435	635-3606
Sidney – 371 College Drive	1-800-222-9682	254-5450

**WORKFORCE INVESTMENT PROGRAM – INDIAN INCORPORATED**

Scottsbluff – 115 W. Railway

632-5100

**EMERGENCY ASSISTANCE****NE CHILD/ADULT ABUSE/NEGLECT HOTLINE**

1-800-652-1999

**AMERICAN RED CROSS**

404 East Third Street, Grand Island, Nebraska

382-3790

**BOX BUTTE GENERAL MEDICAL FINANCIAL ASSISTANCE**

761-3414

Under this program, a portion or all patients' bill will be written off if income guidelines are met **and other help, such as Medicaid, is not available.** – Carlina Arraj

**COMMUNITY ACTION PARTNERSHIP OF WESTERN NE**3350 10<sup>th</sup> Street, Gering

635-3089

**DOVES (Domestic Violence Task Force)**

National Domestic Violence Hotline

1-866-953-6837

436-HELP

1-877-215-0167 - Spanish

Alliance – 519 W. 3<sup>rd</sup> St.Gering - 2035 10<sup>th</sup> Street

436-2787

No charge. 24 hour crisis hotline, emergency shelter and transportation, emotional support, immediate assistance.

**HOPE CENTER**

Scottsbluff - 1937 Avenue A

633-4673

**JUST NEIGHBORS**

Alliance - 418 Missouri Avenue

762-5454

**LIFELINE – BBGH/RWMC**

Alliance and Scottsbluff – Jane Parks

630-1121

**NATIONAL MIGRANT EDUCATION HOTLINE (ESCORT)**

1-800-234-8848

The National Migrant Education Hotline is free and accessible to migrant farm workers and their families.

**NATIONAL RUNAWAY HOTLINE**

1-800-runaway (2929)

[www.1800runaway.org](http://www.1800runaway.org)**CONFIDENTIAL RUNAWAY HOTLINE**

1-800-231-6946

**NATIONWIDE RAINN NATIONAL RAPE CRISIS HOTLINE**

1-800-656-4673

**NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES**

Box Butte County - 411 Black Hills Avenue , Alliance

1-800-843-1407

763-2900

Dawes County – 1033 E. 3<sup>rd</sup> St., Chadron

1-800-559-9718

432-0537

Cheyenne County – 1820 Illinois Street, Sidney

1-800-643-7414

254-6900

Kimball County – 209 E. Third St, Suite 2, Kimball

1-800-383-4278

Morrill County – 606 L St., Bridgeport

1-800-348-4278

Scotts Bluff County – 1600 10<sup>th</sup> Street, Gering

436-6500

250114 Skyport Dr., Scottsbluff

1-800-383-4278

**NORTHWEST COMMUNITY ACTION PARTNERSHIP**Alliance – 1028 E. 3<sup>rd</sup> Street

762-4523

Chadron – 270 Pine Street

1-800-361-3393

**PANHANDLE MENTAL HEALTH CENTER**

Alliance – 321 Flack Avenue	762-2545
Scottsbluff – Main Office – 4110 Avenue D	635-3171
Community Support – 18 West 16 <sup>th</sup> St.	632-4412
Sidney – 941 8 <sup>th</sup> Avenue	254-2649
Toll Free -	1-877-492-7001

**NATIONAL PARENT HELPLINE (PARENTS ANONYMOUS)**

For parents who are physically abusive (normal weekday hours)	1-855-427-2736
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**POISON CONTROL**

	1-800-222-1222
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**PRENATAL CARE/INFANT CARE HOTLINE**

	1-800-862-1889
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**STATE PATROL – HIGHWAY EMERGENCY HELP  
ROAD CONDITIONS**

Scottsbluff – 4500 Avenue I	1-800-525-5555
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	511
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	632-1211
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**SUICIDE HOTLINE**

	1-800-SUICIDE
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**VALLEY AMBULANCE SERVICE**

	635-1411 OR 911
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**VALLEY CHRISTIAN NEIGHBORS – ST. AGNES CATHOLIC CHURCH**

Scottsbluff - 2314 3 <sup>rd</sup> Avenue	632-2541
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**ARBOR EDUCATION AND TRAINING**

Alliance – 217 W. 3 <sup>rd</sup>	762-2146
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Scottsbluff – 1721 Broadway	633-1290
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**EMPLOYMENT****ADVANCE SERVICES, INC.**

Alliance – 302 Box Butte Avenue	762-1282
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Scottsbluff - 515 W 27 <sup>th</sup> Street	630-2328
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Sidney – 844 Greenwood Road, Suite 100	254-1090
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**COMMUNITY ACTION PARTNERSHIP OF WN (CAPWN)**

3350 10 <sup>th</sup> Street, Gering	635-3089
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**EQUAL OPPORTUNITY COMMISSION**

Scottsbluff – 505-A Broadway, Suite 600	632-1340
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**EXPERIENCE WORKS – DEPARTMENT OF LABOR**

Scottsbluff -505-A Broadway, Suite 300	632-1413
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Call for service in your county-helps low income seniors with barriers to employment get training to find jobs in their communities. Contact person Gail Kelley

**INDIAN EMPLOYMENT SUPPORTIVE SERVICES – GED****INDIAN CENTER, INC. – WESTERN OFFICE**

Scottsbluff – 115 W. Railway	632-5100
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Can pay any costs related to permanent employment (i.e. work boots, hard hats). Income guidelines and tribal verification are necessary.

**PROTEUS, INC. (FORMERLY NAF) – SATELLITE OFFICE**

Scottsbluff – 1423 1 <sup>st</sup> Ave.	641-8563
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Contact Person: Anna Barragan – Case Manager

**NEBRASKA BUSINESS DEVELOPMENT CENTER-CHADRON STATE COLLEGE**

Chadron – Chadron State College 1000 Main St. 432-6282

**NEBRASKA WORKFORCE DEVELOPMENT**

Alliance – 302 Box Butte 763-2935

Scottsbluff – 505-A South Broadway, Suite 300 632-1420

Program for those interested in schooling or training. Serves 16 years and older. Operates under eligibility requirements. For further information contact Pat Comfort.

**NEBRASKA UNEMPLOYMENT INSURANCE CENTER**

Scottsbluff – 505A Broadway, Suite 300 632-1420

Unemployment Insurance Services – For all surrounding areas (to file a claim) 1-877-725-9918  
402-458-2500**VOCATIONAL REHABILITATION SERVICES** -

Scottsbluff – 505-A Broadway, Suite 500 632-1321

The rehabilitation process is a series of activities aimed at helping individuals prepare for, seek, and keep a job based on their abilities. Individually planned programs use any or all of the following services: Evaluation, Counseling, and Guidance, Restoration Services, Training, Independent Living Services and Post-Employment Services.

**FOOD ASSISTANCE****BAYARD COMMUNITY BIBLE CHURCH**

Bayard Food Pantry - 900 Main Street – Pastor Bradley Kihlthau 586-2032

**BRIDGEPORT MINISTERIAL ASSOCIATION**

Bridgeport - 822 Main Street

**CHRIST THE KING CATHOLIC CHURCH**

Gering – 1730 N Street 436-2290

**COMMUNITY ACTION PARTNERSHIP OF WN**Gering - **Food Pantry** - 3350 10<sup>th</sup> Street 635-3089Gering -**WIC** -975 Crescent Drive 632-3272Kimball -**Food Pantry** – St. Joseph’s Catholic Church 235-2162Sidney -**Food Pantry** - 2241 Illinois Street 254-5856**Commodity Supplemental Food Program** 635-7298**Alliance** - Once every two months, first Friday – 9:30am – 11:00am**Gering** - Every Wednesday of each month from 8:30am–12pm & 1:30pm–3:30pm**Kimball** - 4<sup>th</sup> Tuesday of each month from 9:30-10:30 a.m.**Potter** - 11-11:30am @ Sr. Center**Sidney** - 2<sup>nd</sup> Tuesday – 10:00–11:00 a.m. @ the shelter by the Community Center**Bridgeport** - 3<sup>rd</sup> Tuesday from 9-10:00am @ Prairie Winds Community Center**Chappell** - 2<sup>nd</sup> Tuesday from 11:45–12:15pm @ Methodist Church**Bayard** - 2<sup>nd</sup> Thursday of every month from 10:00–11:00am @ Housing Authority**Oshkosh** - 3<sup>rd</sup> Tuesday from 11-11:30am City Park**Lewellen** - 12:00-12:30pm @ Volunteer Center**CONGREGATE MEALS**

Sidney - 627 Toledo Street 254-4835

**JEREMIAH HOUSE**Scottsbluff - 1201 12<sup>th</sup> Ave – distributes once a month 672-6283/225-3450**LAKOTA LUTHERAN CENTER**

Scottsbluff – 1200 E Overland 632-3774

Lunch served at 12:00 pm on Tuesdays, Thursdays and Sundays

**MITCHELL FOOD PANTRY**

Mitchell – 1537 19<sup>th</sup> Avenue 623-1197

**MITCHELL MINISTERIAL ASSOCIATION-UNITED METHODIST CHURCH**

Mitchell - 1845 Broadway 623-1197

**NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES**

**Alliance** - 411 Black Hills Avenue 1-800-843-1407 763-2900  
**Bridgeport** – 606 L Street 1-800-383-4278  
**Chadron** – 1033 E 3<sup>rd</sup> St 1-800-559-9718 432-0537  
**Gering** - 1600 10<sup>th</sup> Street 1-800-477-6393 436-6500  
**Kimball** - 209 E. Third, Suite 2 800-383-4278  
**Scottsbluff** – 250114 Skyport Dr. 800-383-4278  
**Sidney** - 1820 Illinois Street 1-800-643-7415 254-6900  
 Food Stamp Program and Emergency Assistance

**REJOICE LUTHERAN CHURCH**

Gering - 1025 Five Rocks Road 436-3212

**SALVATION ARMY**

Sidney - 2032 Illinois Street 254-1044

**VOLUNTEERS OF AMERICA**

Lewellen - 305 Main Street 778-5548

**SOUP KITCHENS**

**Monday – 5:30 pm** Our Lady of Guadalupe Church  
1102 12<sup>th</sup> Avenue, **Scottsbluff** 632-2845

**Tuesday – 5:30 pm** Presbyterian Church  
Sept. through April 1014 S Street, **Bridgeport** 262-0134

**Tuesday, Thursday,  
Sunday – 12:00 Noon** Lakota Lutheran Center  
1200 East Overland, **Scottsbluff** 632-3774

**Wednesday – 5:30 pm** United Methodist Church  
900 O Street, **Gering** 436-2320  
Enter north door – down stairs

**Thursday – 5:30 pm** Rejoice Lutheran Church  
1025 21<sup>st</sup> Street, Scottsbluff

**Thursday – 5:30 pm** First Presbyterian Church  
101 E 20<sup>th</sup> Street, **Scottsbluff** 632-2131

**Saturday – 5:30 pm** Chuck Wagon Church Pastor-Al Wilson  
Last 2 of the month 522 E Overland, **Scottsbluff** 641-8567

**Sunday – 9:00-10:15 am** Chuck Wagon Church  
(pancakes) 522 E Overland, **Scottsbluff**



## **HOUSING ASSISTANCE**

### **ALLIANCE GOOD SAMARITAN VILLAGE/CARE CENTER**

Alliance - 1016 E 6<sup>th</sup> Street 762-5675

### **CIRRUS HOUSING PROGRAM**

Scottsbluff - 1937 Avenue A 635-1488

### **COMMUNITY ACTION PARTNERSHIP OF WN**

Alliance - Estrella del Norte, 311-325 Grand Avenue 635-3089

Bayard - Prairie Buttes, 418-426 2<sup>nd</sup> Avenue

Bayard - Valle Verde Homes, 219-318 2<sup>nd</sup> Avenue

Potter - Western Sky Villa, 1110-1123 Sherman Street

Scottsbluff - Valle Verde Homes, scattered sites

Sidney - Crest View Apartments, 2730-2750 11<sup>th</sup> Avenue

Sidney - Crest View South, 2770 11<sup>th</sup> Avenue

### **HABITAT FOR HUMANITY**

Alliance-723 Flack Avenue 762-3700

Scottsbluff - 1624 2<sup>nd</sup> Avenue 633-2368

### **HOMELESS PREVENTION SERVICES**

Becky Strauss - 1937 Avenue A 635-6696

Homeless Prevention and Intervention Services using available community resources

### **HOUSING AUTHORITIES AND LOW INCOME HOUSING**

#### **Alliance**

Alliance Housing Authority - 300 S Potash Avenue 762-5130

North Park Apartments - 439 W 25<sup>th</sup> Street 762-3878

Sunset Villa Apartments - 523 Homestead Avenue

Wild Flower Terrace - 2420 Peterson Ct. 762-1700

**Bayard** - Bayard Housing Authority - 502 E 6<sup>th</sup> Street 586-1512

**Bridgeport** - Meadow View Apartments - 701 E 16<sup>th</sup> Street 262-0856

**Chadron** - Chadron Housing Authority - 740 Pine Street 432-3340

**Gering** - Gray Eagle Apartments - 400 K Street 436-5044

**Hemingford** - Apollo Court - 410 Box Butte Avenue 487-5322

Wheat Ridge Court Apartments - 409 Wyoming Avenue 487-3304

**Mitchell** - Central Court Apartments - 1320 14<sup>th</sup> Avenue 623-1631

**Oshkosh** - Oshkosh Housing Authority - 404 W 6<sup>th</sup> Street 772-3941

**Scotts Bluff County** Housing Authority/Partners 632-0473

Bridgeport - 310 W 5<sup>th</sup> Street

Bridgeport - Court House Villa 262-1690

Chappell - 702 Hayward Avenue

Gering - Valacia Apartments - 755 7<sup>th</sup> Street

Barrier Free Homes - A, 4<sup>th</sup>, and D Streets

Minatare - Colson Manor - 507 Avenue A

Morrill - Morrill Manor - 325 W. Charles

Scottsbluff

Elmwood Village - Char and Laucomer Avenues

Crown West - Char Avenue

Rebecca Winters - 900-1100 15<sup>th</sup> Avenue Terrytown

Bluff View Manor - 89A Woodley Park Road/Gary Street

**Scottsbluff** - RC Scot Apartments - 1409 E 17<sup>th</sup> Street 635-2904

**Sidney** - Housing Authority 254-3670

Sioux Villa - 1844 Ash Street

Western Heritage - 2459 11<sup>th</sup> Avenue

**Sidney** - Cheyenne Villa – 1900 Ash Street 254-5751  
 Crest View South – 2770 11<sup>th</sup> Avenue 633-3311

**NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES**

Alliance – 411 Black Hills 1-800-843-1407 763-2900  
 Bridgeport – 606 L Street 383-4278  
 Chadron – 1033 E. 3<sup>rd</sup> Street 1-800-559-9718 432-0537  
 Gering – 1600 10<sup>th</sup> Street 1-800-477-6393 436-6500  
 Kimball – 209 E. Third, Suite 2 800-383-4278  
 Scottsbluff – 2501 14 Skyport Drive. 800-383-4278  
 Sidney – 1820 Illinois 1-800-643-7415 254-6900

**USDA RURAL DEVELOPMENT**

Alliance – 411 Black Hills 762-2104  
 Chadron – 240 E 3<sup>rd</sup> 432-2924  
 Scottsbluff – 818 Ferdinand Plaza, Suite B 632-2195

**WEATHERIZATION ASSISTANCE PROGRAM**

Alliance – NWCAP 1028 E 3<sup>rd</sup> Street 762-4523  
 Chadron – NWCAP 270 Pine Street 432-4831

Serves the Alliance, Bridgeport, Chadron, Kimball, Scottsbluff, and Sidney communities.

This program is a federally funded grant program that works to correct the energy burden faced by Americans with lower incomes. It works to improve their health and safety by implementing energy-saving measures in their homes.

**LEGAL**

**ACLU (AMERICAN CIVIL LIBERTIES UNION)**

941 O Street, Suite 706, Lincoln NE 68508 1-855-557-2258

**BOX BUTTE COUNTY SHERIFF**

Alliance - 512 Niobrara Avenue 762-6464

**BOX BUTTE COUNTY PROBATION**

Alliance – 515 Box Butte, Suite 101 762-3168

**CHEYENNE COUNTY PROBATION**

Sidney – 1000 10<sup>th</sup> Avenue 254-3321

**COUNTY ATTORNEY**

Box Butte – 520 Box Butte Avenue, Alliance 762-4101  
 Cheyenne – 920 Jackson Street, Sidney 254-4455  
 Dawes – 410 Main St., Chadron 432-3900  
 Deuel – 171 Vincent Avenue, Chappell 874-2212  
 Garden – 611 Main Street, Oshkosh 772-3092  
 Kimball – 114 E 3<sup>rd</sup> Street, Kimball 235-3591  
 Morrill – 206 E 8<sup>th</sup> Street, Bridgeport 262-0892  
 Scotts Bluff – 1725 10<sup>th</sup> Street, Gering 436-6674

**DAWES COUNTY PROBATION**

Chadron – 451 Main Street, Suite B 432-0121

**EQUAL OPPORTUNITY COMMISSION**

Scottsbluff – 505A Broadway, Suite 600 632-1340

**KIMBALL COUNTY PROBATION**Kimball – 209 E 3<sup>rd</sup> Street

235-4046

**LEGAL AID OF NEBRASKA**Scottsbluff – 1423 1<sup>st</sup> Avenue

632-4734

1-877-250-2016 SPAN

1-877-669-8898 ENG

1-800-967-2115

635-2002

**MEDIATION WEST**Scottsbluff - 1414 E 20<sup>th</sup> Street**MORRILL COUNTY PROBATION**

Bridgeport – 605 Main Street

262-0690

**NEBRASKA ADULT/CHILD PROTECTIVE SERVICES**Gering - 1600 10<sup>th</sup> Street

1-800-652-1999

436-6518

**NEBRASKA ADVOCACY SERVICES**

402-476-3200

**NEBRASKA APPLESEED CENTER**

941 O Street, Suite 920, Lincoln NE 68508

402-438-8853

Nebraska Appleseed focuses on advancing policies and practices that promote self-sufficiency for Nebraska's working poor families, promote the integration and participation of immigrant populations in communities across Nebraska, provide safe and adequate child welfare services to children who need protection, increase low-income people's access to the legal system and support democracy by removing barriers to low-income people's participation in the electoral and public policy decision-making processes.

**NEBRASKA CHILD SUPPORT ENFORCEMENT** (NE DHHS)

Lincoln - P.O. Box 94728

402-441-8715

1-877-631-9973

**NEBRASKA COMMISSION FOR THE BLIND/VISUALLY IMPAIRED**

Scottsbluff – 505A Broadway, Suite 700

632-1304

**NEBRASKA JUVENILE SERVICES**Gering – 2522 7<sup>th</sup> Street – 8:00 am to 5 pm

436-7300

**PUBLIC DEFENDER**Alliance – 204 W 3<sup>rd</sup> Avenue

762-6644

Gering – 1725 10<sup>th</sup> Street

436-6678

(Scotts Bluff County)

**SCOTTS BLUFF CO CORRECTIONS**Gering - 2522 7<sup>TH</sup> Street

436-7300

**SCOTTS BLUFF CO DIVERSION PROGRAM**Gering – 1725 10<sup>th</sup> Street

436-4499

**SCOTTS BLUFF CO PROBATION DIST 12**Gering – 1825 10<sup>th</sup> Street

436-6655

Juvenile Probation

436-6645

**WING**Gering – 1825 10<sup>th</sup> Street

436-4544

## **MEDICAL SERVICES**

### **ALLIANCE CHILDREN'S & ALLIED HEALTH**

Alliance – 204 E. 3<sup>rd</sup> Street 761-1151

### **ALLIANCE FAMILY MEDICINE**

Alliance - 2091 Box Butte Avenue #500 762-7244

### **ALLIANCE HOME CARE (REGIONAL WEST HOME CARE)**

Alliance - 104 E 6<sup>th</sup> Street 762-2877

### **BLIND & VISUALLY IMPAIRED COMMISSION**

Scottsbluff - 505-A Broadway, Suite 700 632-1304

### **AMERICAN CANCER SOCIETY – NE DIVISION**

1-800-227-2345

### **BLOOD PRESSURE CLINICS - Alliance**

Senior Service Center, 3<sup>rd</sup> Thursday of each month - 10:00-11:00 am

Contact Boby Bailey 762-8774

Good Samaritan Towers, 1st/3<sup>rd</sup> Monday of each month-10 -11 am

Contact person; Judy Marchant 762-8970

### **BLUFFS HEALTHCARE CLINIC**

914 W 36<sup>th</sup> Street 633-1280

### **BOX BUTTE GENERAL HOSPITAL**

Alliance – 2101 Box Butte 762-6660

Direct Line Access 762-4357

### **BOX BUTTE COUNTY IMMUNIZATIONS CLINIC**

Alliance – 2101 Box Butte 762-3835

### **BRIDGEPORT POST MEDICAL CLINIC**

Bridgeport - Morrill County-1320 S Street 262-1755

### **CHADRON COMMUNITY HOSPITAL**

Chadron - 825 Centennial 432-5586

### **CHADRON MEDICAL CLINIC**

Chadron - 300 Shelton Street 432-4441

### **FAMILY REPRODUCTIVE HEALTH**

Chadron - 739 Morehouse Street 432-8979

### **CHAPPELL MEDICAL CLINIC**

Chappell - 562 Vincent Avenue 874- 2255

### **CHIMNEY ROCK MEDICAL CENTER**

Bayard - 320 Main Street 586-1717

### **COMMUNITY ACTION PARTNERSHIP OF WN**

Gering - 975 Crescent Drive 632-2540

Commodity Supplemental Food Program, Dental / Health Services and Education, Immunizations / Tuberculosis Testing, Diabetes Control Program, HIV Counseling and Testing, Reproductive Health /Every Woman Matters, WIC Food Program, Migrant Health Program, Pesticide Training.

### **DEAF & HARD OF HEARING NE COMMISSION**

Scottsbluff – 505-A Broadway, Suite 700 632-1304

<b><u>EVERY WOMAN MATTERS PROGRAM</u></b>	1-866-559-2344
Scottsbluff – Women’s Center at Regional West	632-7646
<b><u>GERING CLINIC REGIONAL WEST PHYSICIANS CLINIC</u></b>	
Gering - 1275 Sage Street	436-2101
<b><u>GARDEN COUNTY MEDICAL CLINIC</u></b>	
Oshkosh - 1100 W. 2 Street	772-3283
<b><u>HARKINS FAMILY MEDICINE</u></b>	
Scottsbluff - 1821 1 <sup>st</sup> Avenue	635-2004
<b><u>HOME HEALTH SERVICES</u></b>	
Alliance – 104 E. 6 <sup>th</sup> Street	762-2877
Bridgeport - Morrill County 1309 R Street	262-1600
Scottsbluff – Regional West - 2 W 42 <sup>nd</sup> Street Suite 100	630-1430
<b><u>HORIZON WEST MEDICAL CENTER</u></b>	
Scottsbluff - 1722 1 <sup>st</sup> Avenue	635-2477
<b><u>INTERNAL MEDICINE REGIONAL WEST PHYSICIAN CLINIC</u></b>	
Scottsbluff - 3911 Avenue B Suite 1110	630-2101
<b><u>KIMBALL COUNTY HOSPITAL</u></b>	
Kimball - 505 S Burg	235-1951/235-1966
<b><u>LAKOTA LUTHERAN CENTER</u></b>	
Scottsbluff – 1200 E Overland	632-3774
Medical shuttle to Pine Ridge for enrolled Native Americans	
<b><u>MARCH OF DIMES NEBRASKA CHAPTER</u></b>	
Omaha – 11640 Arbor Street, Suite 102	1-800-800-1435
Lincoln – 315 South 9 <sup>th</sup> Street, Suite 122	402-496-7111
	402-488-6612
<b><u>MEMORIAL HEALTH CENTER</u></b>	
Sidney - 645 Osage Street	254-5825
<b><u>MORRILL COUNTY MEDICAL COMMUNITY HOSPITAL</u></b>	
Bridgeport - 1313 S Street	262-1616/262-1755
<b><u>MORRILL REGIONAL WEST PHYSICIANS CLINIC</u></b>	
Morrill - 302 Center Avenue	247-3475
<b><u>PANHANDLE PUBLIC HEALTH DISTRICT</u></b>	
Bridgeport – 1011 Main St.	(toll free) 877-218-2490 or 308-262-2217
Scottsbluff – 1930 E. 20 <sup>th</sup> Place, Suite 400	(toll free) 877-218-2490 or 308-6332866
<b><u>PEDIATRICS REGIONAL WEST PHYSICIANS CLINIC</u></b>	
Scottsbluff - 2 West 42 <sup>nd</sup> Street 1110	630-1811
<b><u>PROTEUS, INC. (FORMERLY NAF) – SATELLITE OFFICE</u></b>	
Scottsbluff – 1423 1 <sup>st</sup> Ave.	641-8563
Contact Person: Anna Barragan	

**REGIONAL WEST PHYSICIANS CLINIC-FAMILY MEDICINE**

Gering – 1275 Sage Street 436-2101  
 Morrill – 302 Center Avenue 247-3475  
 Scottsbluff – 3911 Avenue B, #1100 630-2100

**REGIONAL WEST MEDICAL CENTER**

Scottsbluff - 4021 Avenue B 635-3711  
 Scottsbluff – **Pediatrics** - 2 West 42<sup>nd</sup> Street, Suite 1200 630-1811

**SANDHILLS FAMILY CENTER**

Alliance - 2091 Box Butte Avenue 762-4300

**SCOTTS BLUFF COUNTY COMMUNITY HEALTH NURSE**

Scottsbluff - 3700 Avenue B 630-1159

**SCOTTS BLUFF COUNTY HEALTH DEPT. OFFICE**

Gering - 1825 10<sup>th</sup> Street 436-6636

**SCOTTS BLUFF COUNTY IMMUNIZATION CLINIC**

Scottsbluff – RWMC St. Mary Plaza at 3700 Avenue B 630-1126

**SCOTTSBLUFF RWMC PHYSICIANS CLINIC**

Scottsbluff - 3911 Avenue B, # 1100 630-2100

**SIDNEY CAMS CLINIC**

Sidney - 1625 Dorwart Drive 254-5544

**QUICK CARE MEDICAL SERVICES - Urgent Medical Care**

Scottsbluff - 3210 Avenue B 630-0800

**WALK IN URGENT CARE REGIONAL WEST PHYSICIANS CLINIC**

Scottsbluff - 3011 Avenue B 632-2215  
 Medical Plaza South – 3911 Avenue B 630-2100

**WESTERN COMMUNITY HEALTH RESOURCES**

Alliance - 619 Box Butte Avenue 762-3696  
 SERVICES: Early Intervention Services, Every Woman Matters, Family Reproductive Services, HIV/AIDS Testing and Education, Rural Partnership for Children, WIC, Family Video Library

**WOMENS CENTER, REGIONAL WEST PHYSICIANS CLINIC**

Scottsbluff - 3911 Avenue B Suite 3100 635-3033

**TOLL FREE MEDICAL SERVICES NUMBERS****AIDS HOTLINE (NEBRASKA)**

Spanish 1-800-782-AIDS  
 Hearing Impaired 1-800-232-4636  
 1-888-232-6348

**ALZHEIMER'S DISEASE ASSOCIATION**

1-800-272-3900

**AMERICAN CANCER SOCIETY NEBRASKA DIVISION**

1-800-227-2345

**AMERICAN DIABETES ASSOCIATION**

[ADA@diabetes.org](mailto:ADA@diabetes.org) 1-800-342-2383  
 (Spanish available)

**AMERICAN KIDNEY FUND HELP LINE**

1-866-300-2900

**CANCER INFORMATION SERVICE**

1-800-422-6237

**CHEMICALLY DEPENDENT-ADULT TREATMENT**

1-800-742-7845

<b><u>CHEMICALLY DEPENDENT-YOUTH TREATMENT</u></b>	1-800-742-7845
<b><u>CHILDFIND OR QUESTIONS ON BABY'S DEVELOPMENT</u></b>	1-888-806-6287
<b><u>CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)</u></b>	1-855-632-7633
<b><u>CYSTIC FIBROSIS FOUNDATION</u></b>	1-800-344-4823
<b><u>EATING DISORDERS</u></b>	1-800-445-1906
<b><u>EVERY WOMAN MATTERS</u></b>	1-800-532-2227
<b><u>HEALTHY MOTHER HEALTHY BABIES</u></b>	1-800-862-1889
<b><u>HOTLINE FOR DISABILITY SERVICES</u></b>	1-800-742-7594
<b><u>HEALTH INFORMATION CENTER</u></b>	1-800-336-4797
<b><u>HEALTH INSURANCE MARKET PLACE (HEALTHCARE.GOV)</u></b>	1-800-318-2596
<b><u>HEARING AND SPEECH ACTION LINE</u></b>	1-800-638-8255
<b><u>MARCH OF DIMES NEBRASKA CHAPTER</u></b>	1-800-800-1435
<b><u>MEDICALLY HANDICAPPED CHILDREN'S PROGRAM</u></b>	1-800-358-8802
<b><u>NATIONAL ASTHMA CENTER</u></b>	1-800-222-5864
<b><u>NUTRITION AND DIETETICS</u></b>	1-800-366-1655
<b><u>THE POISON CENTER</u></b>	1-800-222-1222
<b><u>SOCIAL SECURITY ADMINISTRATION</u></b>	1-800-772-1213/800-297-4291
<b><u>SUDDEN INFANT DEATH SYNDROME</u></b>	1-800-232-7437

## **MENTAL HEALTH**

### **ADDICTION COUNSELING/CONSULTATION SERVICES**

Scottsbluff – 1917 Avenue A	633-1390
<b>Juanita Rodriquez, LADC, NCAC I,Q-SAP</b>	631-2285

### **BEHAVIORAL HEALTH UNIT AT RWMC**

Scottsbluff - 4021 Ave B	635-1500
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### **CAPWN COUNSELING**

<b>Patricia Durner, LIMHP</b> (CAPWN Health Clinic)	633-3345
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**Donna DeForge LMHP**, (free to Migrant and Seasonal Head Start families)

### **CIRRUS HOUSE**

Scottsbluff - 1509 1 <sup>st</sup> Avenue, Scottsbluff	635-1488
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### **CLINICAL PSYCHOLOGY PROFESSIONAL COUNSELING**

Scottsbluff -2208 Broadway	632-8080
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**Matthew Hutt, PhD**

632-8084

**Daniel Scharf, PhD**

**April Davis, Psy. D.**

**Nichelle Paz, PLMHP**

**COUNSELING SERVICES**

Gering- 2027 10<sup>th</sup> Street 632-4200  
**Sara Klein, MA, LMHP (Specializes in young children)**  
**Terry Fisher-Edens, MA, LMHP**

**CROSSROADS RESOURCES LLC**

Chadron – 651 W 4<sup>th</sup> Street 432-3920  
**Joan M. Yekel, LMHP, LPC, NCC**

**DESTINY COUNSELING SERVICES, LLC**

Sidney - 1023 10<sup>th</sup> Avenue 254-0737  
**Nancy Bradford, M.A.**  
**Debra Loveless, Ed.S**

**IN GOOD COUNSEL**

Sidney – 2245 Illinois Street 254-1114  
**Jane Easterly, LMHP**  
**Kelly Rinehart, MSW, PLMHP**

**HARMONY COUNSELING**

Scottsbluff – 115 Railway Street 635-9888  
**Sue Michaels, LMHP**

**HEALTHY CHOICES COUNSELING**

Scottsbluff –1821 1<sup>st</sup> Ave 632-8236  
**Dallas Massey, LIMHP**

**HEALING PLAINS MENTAL HEALTH INC**

Chadron – 229 Ann Street 432-6799

**MONUMENTAL HEALTH COUNSELING SERVICES PC**

Gering - 906 N Street 436-2365  
**Regan Rico, LMHP**

**\*NEW HORIZON COUNSELING**

Alliance - 212 Box Butte Avenue 762-9018  
**Maria Del Carmen Prokop, Mental Health Counselor-English & Spanish**

**OPTIONS IN PSYCHOLOGY**

Scottsbluff - 2622 Avenue C 632-8547  
**Anne Talbot, PSYD; Charlotte Ingram, MA,ATR,CPC; Mark Hald (specializes in working w/young children), PHD; Georgia Nelson, LMHP; Alan Smith, PHD; Lori Rodriguez, MSW, LCSW**

**OREGON TRAIL MENTAL HEALTH**

Scottsbluff – 115 Railway Street, Suite A114 635-2800  
**(Mark Anderson - Specializes in relationships)**

**PANHANDLE MENTAL HEALTH CENTERS**

Alliance - 321 Flack M-TH 762-2545  
 Scottsbluff – Main Office - 4110 Avenue D 635-3171  
 Community Support – 18 West 16<sup>th</sup> St. 632-4412  
 Sidney - 941 8<sup>th</sup> Avenue M-W-Th 254-2649  
 Toll Free 1- 877-492-7001

**REGIONAL WEST PARTNERS IN BEHAVIORAL HEALTH**



Scottsbluff - Medical Plaza North, 2 W 42<sup>nd</sup> Street, Suite 3200 635-3888  
**Dr William Michael, Psy.D**  
**Dr Mark Scanlan, Psy. D**  
**Dr Vernon Kirk, Licensed Psychologist**  
**Jeff Fuhman, LMHP**  
**Anastasia Mia, MS, LMHP, CPC**

**TRANQUILITY HEALTH**

Scottsbluff – 2626 Broadway 633-2845  
**Sara Bartlett**

**TRANSFORMATIONS**

Gering – 940 O Street 637-4537  
**Lou Ann Wineman, MA, LMHP**

**RECREATIONAL CENTERS**

**AYSO SOCCER** 630-5570

**CARPENTER INTERGENERATIONAL CENTER**

Gering - 116 Terry Boulevard 635-8422

**GUADALUPE RECREATION CENTER**

Scottsbluff - 1200 E 9<sup>th</sup> Street 632-3941

**PRAIRIE WINDS COMMUNITY CENTER**

Bridgeport - 424 N Main Street 262-1825

**SIDNEY RECREATIONAL AND FITNESS CENTER**

Sidney – 627 Toledo Street 254-7000

**THE WAREHOUSE FITNESS CENTER**

Scottsbluff – 422 Avenue B 635-1177

**YMCA**

Alliance – 1202 E 10<sup>th</sup> Street 762-2201  
 Scottsbluff - 22 S Beltline East 635-2318

**SELF-HELP AND SUPPORT GROUPS**

**ALCOHOLICS ANONYMOUS & AL-ANON**

24 hr. service line 635-1832  
**Alliance** - 623 Laramie Avenue 762-4824  
     Human Services, Inc -419 W 25<sup>th</sup> Street 762-7177  
**Bayard** – Sacred Heart Catholic Church, 924 Avenue B 586-1744  
**Gering** – 1230 U Street 635-0828  
**Kimball** – 114 E 3<sup>rd</sup> Street 235-4818  
**Scottsbluff** - AA - 1718 Avenue C 632-4958  
     AA – 801 Broadway New Hope 635-0828  
     El Milagro del Siglo - 401 E Overland 632-2088  
     Human Services Inc. Detox – 15 W 16<sup>th</sup> Street 635-7782  
     Lakota Lutheran Center – 1200 E Overland 632-3774  
**Sidney** – Memorial Health Center – 645 Osage Street 254-5825

NE Referral Hotline	1-800-252-6465
Al-anon Hotline	1-800-344-2666
Local	635-1832

**Substance Abuse- ACCS, INC**

Scottsbluff - 1917 Avenue A	633-1390
Juanita Rodriguez, LADC, ICDAC, NCACI, ! Q-SAP	Emergency Contact 631-2285
Gary Cotton, LADC, ICDAC; Suzanne Crane, LADC; Cory McManigal, PLADC	

**Alcohol and Drug Treatment**

Alcohol/Drug Evaluations	631-1709
Education Classes	
Guadalupe (Lupe) Baker RN/BSN/PLADC	

**AMERICAN RED CROSS**

Grand Island - 404 Third Street	382-3790
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**BEHAVIORAL HEALTH CENTER (Psychiatric Center/Addiction Treatment)**

Scottsbluff - 4021 Avenue B	630-1500
Mary Armstrong, Director	630-1288

**BEREAVEMENT**

630-1149
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**BIRTHRIGHT**

1-800-550-4900
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**BRIDGES PROGRAM** (Substance abuse during pregnancy)

632-7274
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**CALICO SPIRIT SUPPORT GROUP**

635-3807
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Scottsbluff - 4500 Avenue I

A living-well support group for people living with HIV and their families.

**CONSUMER CREDIT COUNSELING**

1-800-808-2227
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**DOMESTIC VIOLENCE SUPPORT GROUP**

436-HELP
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Support Group-Tuesdays at 7 p.m.

**DOVES PROGRAM**

1-886-953-DOVE
436-4357

**DRUG ABUSE HOTLINE**

1-800-662-4357
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**DRUG FREE NEBRASKA**

1-800-662-4444
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**MARIJUANA HOTLINE**

1-800-742-9333
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**MEDIATION WEST**

1414 E 20<sup>th</sup> Street, Scottsbluff

635-2002
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**PROTEUS, INC. (FORMERLY NAF) - SATELLITE OFFICE**

Scottsbluff - 1423 1<sup>st</sup> Avenue

641-8563
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Contact Person: Anna Barragan - Case Manager

**PANHANDLE MENTAL HEALTH**

Alliance - 321 Flack Avenue

762-2545
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Scottsbluff - 4110 Avenue D

635-3171
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Sidney - 941 8<sup>th</sup> Avenue

254-2649
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**PANHANDLE SUBSTANCE ABUSE COUNCIL**

Sidney - 941 8<sup>th</sup> Avenue

254-2649
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**PROJECT EXTRA MILE**

Scottsbluff – 115 Railway Street – substance abuse prevention program 220-4137

**SINGLE PARENT/DISPLACED HOMEMAKER SUPPORT GROUPS**

Western Nebraska Community College/Williams Bldg. 1601 E 27<sup>th</sup> Street

Scottsbluff Campus 635-6786

Sidney Campus, 371 College Drive 1-800-222-9682 254-5450

**SUBSTANCE/NARCOTICS ABUSE SUPPORT GROUP-NARCOTICS ANONYMOUS**

1-888-347-4446

**VETERANS SERVICE OFFICER**

1825 10<sup>th</sup> Street, Gering 436-6643

**VICTIM ADVOCATE**

1825 10<sup>th</sup> Street, Gering - 436-6674

Victim/Witness Director- Jacci Koerner

**SERVICES FOR DISABILITIES AND ELDERLY****AGING OFFICE OF WESTERN NEBRASKA**

Alliance -1248 Missouri Avenue 762-1415

Chadron – 251 Pine Street 432-2996 Scottsbluff -

1517 Scottsbluff - Broadway, Suite 122 1-800-682-5140 635-0851

Sidney – 10<sup>th</sup> & King 254-4053

**ALLIANCE PUBLIC SCHOOLS SPECIAL EDUCATION DEPARTMENT**

Alliance -1450 Box Butte Avenue 762-4341

Provides services to handicapped students from ages 0 to 21 years

**ANSWERS FOR FAMILIES**

Providing Internet based support to Nebraskans with special needs

[www.answers4families.org](http://www.answers4families.org)

1-800-746-8420

**AUDIO OR BRAILLE BOOKS****NATIONAL LIBRARY SERVICE FOR THE BLIND AND PHYSICALLY HANDICAPPED**

Library of Congress – Washington, DC 202-707-5100

**NEBRASKA AUTISM SPECTRUM DISORDERS NETWORK**

West Region Autism Coordinator 635-3696

**NE COMMISSION FOR THE DEAF & HARD OF HEARING (NCDHH)**

1-800-545-6244

Lincoln – 4600 Valley Road, Suite 420

**COMISSION FOR THE BLIND AND VISUALLY IMPAIRED**

Scottsbluff - 505-A Broadway, Suite 700 632-1304

**DEPARTMENT OF SPECIAL EDUCATION**

Scottsbluff - 505-A Broadway, Suite 500 632-1349

**DEVELOPMENTAL PRESCHOOL**

Alliance - 1450 Box Butte Avenue 762-4341

Serves children birth to 5 years developmentally delayed, speech impaired or that have motor delays. No charge for residents of Alliance Public School District.

**DISABLED PERSONS & FAMILY SUPPORT**

1-800-358-8802

Lincoln – P. O. Box 95026 402-471-8501

**DISABILITIES SERVICES HOTLINE**301 Centennial Mall South, 6<sup>th</sup> Floor, Lincoln

1-800-742-7594

1-800-742-7594

**EARLY DEVELOPMENT NETWORK (EDN)**

Alliance/Chadron - 821 Morehead Street

1-800-717-1231 308-432-2747

Scottsbluff, 4215 Avenue I

308-635-3427

Sidney - 1114 Toledo

1-888-298-6846 308-254-4677

The EDN serves children birth through age 3 and their families. A child is eligible for EDN services if he or she is not developing typically, or has been diagnosed with a health condition that will affect his or her development.

**EDUCATIONAL SERVICE UNIT #12**

Alliance/Chadron - 821 Morehead Street

1-800-717-1231

**EDUCATIONAL SERVICE UNIT # 13**

Scottsbluff - 4215 Avenue I

635-3427

**EDUCATION SERVICE UNIT #14**

Sidney - 1114 Toledo Street

1-888-298-6846 254-4677

**FOSTER GRANDPARENT PROGRAM**Gering - 3350 10<sup>th</sup> Street (CAPWN)

633-3348

**HANDY MAN SERVICES**

Alliance - 212 Yellow Stone

762-8774

Bridgeport - 320 W 8<sup>th</sup> Street (Morrill Co) - Nancy Eichhler

262-1846

Gering - 1825 10<sup>th</sup> Street (Scotts Bluff Co) - Carol Prince

436-6688

Kimball - 313 S Webster (Kimball Co) - Wendy Baker

235-2688

Anyone over 60 years of age is eligible to receive minor home repairs, seasonal maintenance and housekeeping.

**HOTLINE FOR HANDICAPPED**Lincoln - 301 Centennial Mall South, 6<sup>th</sup> Floor

1-800-742-7594

**LEAGUE OF HUMAN DIGNITY**Scottsbluff - 17 E 21<sup>st</sup> Street Suite 2 (Kathy Gibbons)

632-0407

**MEDICALLY HANDICAPPED CHILDREN'S PROGRAM**Gering - DHHS - 1600 10<sup>th</sup> Street -8am-5pm436-6500

1-800-477-6393

**MIGRANT AND SEASONAL HEAD START**Gering - 3350 10<sup>th</sup> Street

635-3089

**NEBRASKA COMMISSION FOR THE BLIND/VISUALLY IMPAIRED**

Scottsbluff - 505-A Broadway, Suite 700

632-1304

**NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES****Adult Protection Hot Line**

Alliance - 411 Black Hills

1-800-843-1407

1-800-652-1999

Bridgeport - 606 L Street

763-2900

Chadron - 1033 E. 3<sup>rd</sup> St.

1-800-559-9718

1-800-383-4278

Gering - 1600 10<sup>th</sup> Street

1-800-477-6393

432-0537

Kimball - 209 E. Third, Suite 2

436-6500

Rushville - 111 N. Main

1-800-383-4278

Scottsbluff - 250114 Skyport Drive

1-800-383-4278

Sidney - 1820 Illinois

1-800-643-7414

1-800-383-4278

254-6900

**PANHANDLE INDEPENDENT LIVING**

Scottsbluff – 510 S Broadway

635-7901

**PARENT TRAINING AND INFORMATION (PTI NEBRASKA)**Serving children with disabilities and their families with parent training and information, family voices and supporting parents program [www.pti-nebraska.org](http://www.pti-nebraska.org)

1-800-284-8520

**READING TAPES FOR BLIND OR UNABLE TO READ**

Choice/Listening /Tapes

1-888-724-6423

Box 10, Port Washington NY 11050

**REGION I-OFFICE OF HUMAN DEVELOPMENT**

Alliance – 319 Black Hills Avenue

762-1970

Chadron – 5789 West Highway 20

432-4050

Scottsbluff - 2603 Circle Drive Scottsbluff

635-3444

Scottsbluff - 1618 19<sup>th</sup> Avenue

632-8016

Sidney - 427 East Illinois Street

254-6270

It provides access to healthcare, medications, transportation, and support for daily routines.

**SCOTTSBLUFF COUNTY VOLUNTEER CENTER**

Meals on Wheels-shopping for seniors

Alliance – 2101 Box Butte Avenue

762-4357, Ext. 3360

Scottsbluff - 115 Railway Street

632-3736

Scottsbluff - 2016 Avenue A

Sidney – 645 Osage Street

254-3273

**SENIOR COMPANION PROGRAM**Gering – 3350 10<sup>th</sup> Street

633-3382

**SOAR – ESU#13**

Scottsbluff - 4215 Avenue I – Cristal Kersey

632-3583

**SOCIAL SECURITY ADMINISTRATION**

Social Security and SSI Information

1-800-772-1213

Medicare Information

1-800-633-4247

Scottsbluff – 415 Valley View Drive

1-800-297-4291

Supplemental Security Income (SSI) and Social Security Disability (SSDI) benefits, including

Medicaid and Medicare administered by the Social Security Administration to individuals who are eligible

**SPEAK OUT**

Scottsbluff – 115 Railway Avenue, Suite# C-106

1-800-732-2051

632-2051

Kristen Maag – Director and Colleen Shoemaker-Advocate

Works with families of children with disabilities-physical, emotional, mental – advocacy, referral and support.

**VOCATIONAL REHABILITATION SERVICES**

Scottsbluff -505-A Broadway, Suite 500

1-800-292-3382

632-1321

**WESTERN REGION RESPITE NETWORK**

Sherri Blome. 300 Shelton Street, Chadron NE 69337

1-866-737-7483

308-432-8190

## **TRANSPORTATION**

**Call for an appointment. These services have a fee.**

### **HANDY BUS SERVICE**

Alliance -Box Butte County Handy Bus – 816 Flack Avenue	762-3596
Bridgeport - County Handy-Bus – 320 W 8 <sup>th</sup> Street	262-1846
Chappell - Deuel County Mini-bus – 245 Matlock Avenue	874-2438
Crawford – 135 Elm Street	665-1462
Gering – Scotts Bluff County- 1825 10 <sup>th</sup> Street	436-6687
Kimball – 209 East 3 <sup>rd</sup> Street	235-4505
Sidney -1115 13 <sup>th</sup> Avenue	254-7070

### **CAPWN-MINORITY HEALTH PROGRAM**

Gering - 975 Crescent Drive	632-2540
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## **VISION CLINICS**

### **BLUFFS VISION CARE PC**

Scottsbluff - 416 Valley View Drive	635-1633
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### **FAMILY VISION CLINIC OF ALLIANCE**

Alliance – 1317 West 3 <sup>rd</sup> Street	762-4056
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### **GERING VISION CENTER**

Gering - 1605 10 <sup>th</sup> Street Suite B	436-3176
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### **SIDNEY VISION CLINIC LLC**

Sidney – 900 Pine Street	254-4041
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### **KIMBALL VISION CLINIC**

Kimball - 112 S Chestnut	235-3649
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### **MEDICAL CENTER EYE & CONTACT LENS CLINIC**

Scottsbluff – 210 W 38 <sup>th</sup> Street	632-2039
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### **MONUMENT VISION CLINIC**

Scottsbluff – 1930 E 20 <sup>th</sup> Place	632-2020
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### **OREGON TRAIL EYE CENTER**

Scottsbluff - 329 W 40 <sup>th</sup> Street	635-3911
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### **SCOTTSBLUFF VISION CLINIC PC**

Scottsbluff - 3726 Avenue D	635-1234
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### **BLACKBURN EYE CLINIC**

Sidney – 836 18 <sup>th</sup> Avenue	254-3225
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### **WEBB EYE CARE**

Scottsbluff – 313 W 38 <sup>th</sup> St.	635-0800 1-866-WEBBEYE
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## **YOUTH SERVICES**

<b><u>BOYS AND GIRLS TOWN NATIONAL HOTLINE</u></b>	1-800-448-3000
<b><u>CAPSTONE CHILD ADVOCACY CENTER</u></b>	
Gering – 900 P Street	632-7274
<b><u>CASA (Court Appointed Special Advocate)</u></b>	
Scottsbluff – 115 Railway Street	635-2272
<b><u>CAPWN YOUTH SERVICES</u></b>	
Gering - 3350 10 <sup>th</sup> Street - Main Office	635-3089
Emergency Youth Shelter	635-7777
Supportive Housing	632-8811
<b><u>CIRRUS HOUSE</u></b>	
Scottsbluff - 1509 1 <sup>st</sup> Avenue	635-1488
<b><u>CONFIDENTIAL RUNAWAY SAFELINE</u></b>	1-800- 786-2929
<b><u>HOMELESS SCOTTSBLUFF PUBLIC SCHOOLS</u></b>	
Scottsbluff - 1715 First Avenue	635-6696
Teresa Stands	225-3970
Sally Lintz	225-3980
Liaisons for youth in Transition. Assistance for students who are homeless or in transition.	
<b><u>JUVENILE PROBATION</u></b>	
Alliance – 515 Box Butte Avenue, Suite 101	762-3168
Bridgeport – 605 Main Street	262-0690
Chadron – 451 Main Street, Suite B	432-0121
Gering - 1825 10 <sup>th</sup> Street	436-6645
Kimball – 209 E. 3 <sup>rd</sup> Street	235-4046
Sidney – 1000 10 <sup>th</sup> Avenue	254-3321
<b><u>RECONNECT – SCOTTSBLUFF PUBLIC SCHOOLS</u></b>	
Scottsbluff – 1715 First Avenue	633-2211
Contact Mario Chavez – Student Services Coordinator	
Students drop out of school for various reason. Re-Connect is designed to offer the support and flexibility to help students, who have either dropped out or are at risk of dropping out, get their diploma.	